

Table of Contents

Welcome to California and UC Davis!	3
UC Davis Principles of Community	4
Preparing for UC Davis	5
Before Arriving to UC Davis Checklist	6
Securing Housing	8
Scams and How to Avoid Them	10
Packing List for International Students	12
Settling Into UC Davis	13
Moving Into Your New Place	14
Shopping and Dining	15
Davis Fast Facts	18
Planes, Trains, and Automobiles (and also Bikes)	19
Money Matters	22
Banking and Finance Checklist	23
Taking Care of Yourself	25
Health and Wellness	26
In Case of Emergency	27
Preparing for Success	30
Adjusting to a New Experience	31
Academic Advising and Assistance	33
Visa and Immigration Advising	35
Frequently Asked Questions	36
Finding Your Community	37
Student Communities on Campus	38
Jobs and Internships	40
Working and Career Planning	41
Things to Do	42
What to do On-Campus	43
What to do Off-Campus	44
Opportunities and Events	46

Welcome to California and the University of California, Davis!

lello!

We are thrilled to welcome you to UC Davis! Each year, thousands of students and scholars (faculty members, researchers and staff) from around the globe find community, fulfill their goals, and form life-long friendships and connections here. Today, our network of Global Aggies extends to nearly every corner of the world.

The UC Davis community is wonderfully talented, vibrant and diverse, and our international students and scholars are part of what makes UC Davis so exceptional. One of the ways UC Davis stands out and supports its diverse community is with its Principles of Community, an aspirational statement that embodies its commitment and reflects the ideals we seek to uphold. We strive to create a community based on mutual respect, compassion and dignity that values both our individual differences and our common ground.

We know that moving to a new place can be exciting and challenging. Services for International Students and Scholars (SISS), a part of UC Davis Global Affairs, is here to help as you settle at UC Davis and find your community. SISS can answer questions about your visa, work eligibility, and immigration, and provide assistance, information and referrals regarding financial, personal, cultural and academic topics or concerns.

SISS, Global Affairs and all of us at UC Davis are committed to creating a community where everyone feels a sense of belonging and connection. SISS is here to make your transition to and experience at UC Davis as fulfilling and rewarding as possible. This handbook is one of the ways we seek to assist you. In the handbook, you will find information on everything from housing and transportation to finances and academics. You will also learn about the programs, events and opportunities that SISS, Global Affairs and other campus partners offer for international students and scholars to connect and find friendship and community.

Once again, welcome to UC Davis! SISS advisors are passionate and enthusiastic about helping our international students and scholars. Do not hesitate to connect with us throughout your time at UC Davis. We wish you all the best.

We hope to see you in the International Center or around UC Davis soon!



Joanna Regulska
Vice Provost and Dean of Global Affairs
Professor of Gender, Sexuality and Women's Studies



Andrew Shiotani
Director of Services for International Students and Scholars

Resources

UC Davis Principles of Community

UC Davis is a diverse community comprised of individuals having many perspectives and identities.

We come from a multitude of backgrounds and experiences, with distinct needs and goals. We recognize that to create an inclusive and intellectually vibrant community, we must understand and value both our individual differences and our common ground. The UC Davis Principles of Community is an aspirational statement that embodies this commitment, and reflects the ideals we seek to uphold.

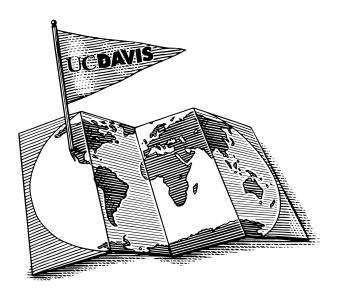
The University of California, Davis, is first and foremost an institution of learning, teaching, research and public service. UC Davis reflects and is committed to serving the needs of a global society comprising all people and a multiplicity of identities. The university expects that every member of our community acknowledge, value, and practice the following guiding principles.

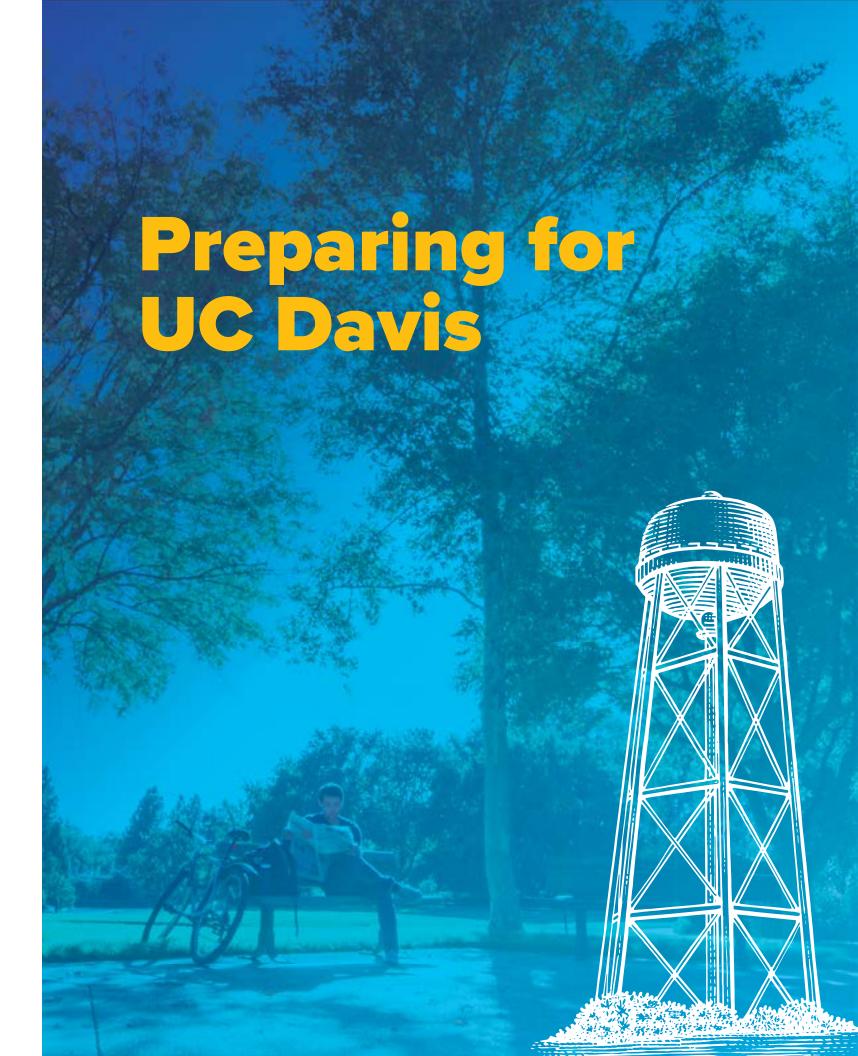
We affirm the dignity inherent in all of us, and we strive to maintain a climate of equity and justice demonstrated by respect for one another. We acknowledge that our society carries within it historical and deep-rooted injustices and biases. Therefore, we endeavor to foster mutual understanding and respect among the many parts of our whole. We affirm the right of freedom of expression within our community. We affirm our commitment to non-violent exchange and the highest standards of conduct and decency toward all. Within this context we reject violence in all forms. We promote open expression of our individuality and our diversity within the bounds of courtesy, sensitivity and respect. We further recognize the right of every individual to think, speak, express and debate any idea limited only by university regulations governing time, place and manner.

We confront and reject all manifestations of discrimination, including those based on race, ethnicity, gender and gender expression, age, visible and non-visible disability, nationality, sexual orientation, citizenship status, veteran status, religious/non-religious, spiritual, or political beliefs, socio-economic class, status within or outside the university, or any of the other differences among people which have been excuses for misunderstanding, dissension or hatred. We recognize and cherish the richness contributed to our lives by our diversity. We take pride in all our achievements, and we celebrate our differences.

We recognize that each of us has an obligation to the UC Davis community of which we have chosen to be a part. We will strive to build and maintain a culture and climate based on mutual respect and caring.

Read more about the Principles of Community at diversity.ucdavis.edu/principles-community.





Before Arriving at UC Davis

Checklist for International Students

Submit Statement of Intent to Register

Once you have received your letter of Acceptance, you will need to submit your Statement of Intent to Register (SIR):

Undergraduate Students

- Follow the steps for admitted students in MyAdmissions, and log into myadmission.ucdavis. edu.
- For any questions about admissions, contact the Office of Undergraduate Admissions at admissions@ucdavis.edu.

Graduate Students

- Submit your SIR as directed by the Office of Graduate Studies: grad.ucdavis.edu.
- Students admitted to the following programs should contact Stephanie Palmer at UC Davis Continuing and Professional Education, International at skpalmer@ucdavis.edu: English language programs, Global Study Program, GREAT Summer Research Program, Global University Access Program, Destination Davis Program, Forensic Science Graduate Program, Master Brewers Certificate Program, and other custom/professional programs.

Request an I-20 or DS-2019 from Services for International Students and Scholars (SISS)

Beginning in March, you can request an I-20 (for F-1 students) or DS-2019 (for J-1 students) from SISS through iGlobal at **iglobal.ucdavis.edu**.

Pay the SEVIS Fee or Request a SEVIS Record Transfer

You must pay a SEVIS I-901 fee to obtain a visa. Visit **fmjfee.com**.

Students already studying in the United States in F-1 or J-1 status must request that their current school transfer the SEVIS record to UC Davis.

4

Apply for your Visa

Find information about the visa process and what you need to come to UC Davis at

siss.ucdavis.edu/visa-and-entry-united-states.

5

Look at Housing Options

First-year undergraduate and first-year transfer students are guaranteed housing on campus, but other incoming students need to secure housing on their own.

Start searching early! For more information, visit <u>siss.</u>

<u>ucdavis.edu/housing</u>. See page 8 of this guide for more information about housing.

6

Know Your Orientation Requirements

Check your UC Davis email frequently for information about SISS and other orientations. It is important to know about all scheduled orientation events prior to making travel plans. SISS orientation includes both in-person and virtual events. In addition to SISS orientation, students should be aware of additional campuswide and school orientations based on degree level and/or program. For more information about orientations, visit <u>siss.ucdavis.</u> edu/international-orientation.

7

Make Flight and Ground Transportation Arrangements

Plan to arrive in Davis with enough time to recover from jet lag before mandatory SISS International Student Orientation. Remember that new F-1 and J-1 students making their initial arrival in the U.S. can arrive no earlier than 30 days before the program start date indicated on their I-20 or DS-2019.

For more information about how to get to Davis once you've arrived in the country, visit the airport transportation webpage: **siss.ucdavis.edu/airport-transportation**.

8

Pay Your International Student and Administration Fees

Checklist for International Students

Before Arriving at UC Davis

SISS charges a fee to all international students studying at UC Davis in F-1 or J-1 student status. The fee helps to pay for the costs associated with orientation and advising provided by SISS and will appear in your UC Davis billing.

For information about the International Student Administrative Fee visit <u>siss.ucdavis.edu/fees-and-tuition</u>.

Students pay fees and tuition at mybill.ucdavis. edu. For student payment options, please visit <u>financeandbusiness.ucdavis.edu/student-resources/cashier.</u>



Proof of Immunizations

You must show proof of immunizations and tuberculosis testing by submitting immunization records by the first day of class.

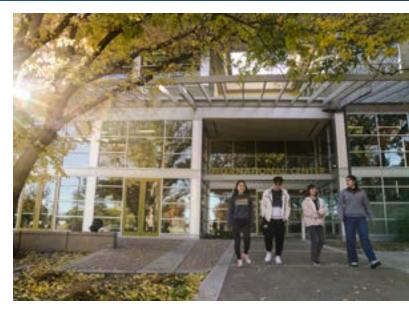
If you cannot obtain the required immunizations or testing in your home country, Student Health and Counseling Services (SHSC) can administer them once you get to campus.

While students will be able to register for courses for their first quarter and can attend those classes, delays in completing your required immunizations may result in holds on course registration for future quarters. Therefore, please complete your immunizations and tuberculosis testing urgently.

For information, visit

shcs.ucdavis.edu/resources/new-students

To make an appointment with SHCS, please call (530)752-2349.



10

Connect with your International Academic Advisor with Questions

Do you have questions about registration or academic courses? There are international academic advisors in each college and school who are here to help you with:

- Degree and General Education requirements
- Course planning for your first year
- How to change majors
- Academic policies, regulations and petitions
- Options if you are having academic difficulty Advising holds that prevent course registration
- Advising holds that prevent course registration
- How the university grading system works and American classroom expectations
- Transfer credit for out-of-state courses, IB credit, A-level exams, etc.
- Resources on campus

You can contact our advisors with any academic questions before coming to campus.

- College of Agricultural and Environmental Sciences: caesadvising@ucdavis.edu
- College of Biological Sciences: <u>cbsundergrads@ucdavis.edu</u>
- College of Engineering: engugrad@ucdavis.edu
- College of Letters and Science: <u>Isinternational@</u> ucdavis.edu

Find this information online at <u>siss.ucdavis.edu/pre-arrival-checklist.</u>

Questions? Email siss@ucdavis.edu.



Securing Housing

Incoming Scholars

Scholars will need to secure housing off campus. You can secure housing in and around Davis, but we recommend you start looking early. Find more information about short and long-term housing at siss.ucdavis.edu/housing.

First-Year Undergraduate Students

First-year freshman and first-year transfer students under the age of 24, entering for fall quarter are guaranteed oncampus housing as long as they are meeting all eligibility requirements. First year freshmen are offered housing in the Residence Halls: Segundo, Tercero, and Cuarto. Residence halls have different types of rooms, such as singles for one person or double and triple occupancy rooms if you want roommates. Each room type has furniture for each occupant: a bed, a wardrobe or closet for clothes, and a desk with a lamp. All three housing areas have dining commons, where meals are prepared and served. Transfer students will be offered housing at Student Housing and Dining Services' on-campus apartment, The Green at West Village. thegreen.ucdavis.edu.

More information about first-year housing and meal plans can be found at housing.ucdavis.edu.

Transfer and UCEAP Students

Up to the first 1,000 first-year transfer students entering UC Davis in fall quarter are guaranteed housing in The Green at West Village. Other transfer and UCEAP students must secure housing before classes start. There are many options to rent on and off campus. Learn more in this handbook or online at siss.ucdavis.edu/housing.

Graduate Students and Scholars

There are new housing options for graduate students opening in the fall 2024. Start looking for housing as early as possible. You can ask your graduate coordinators or your program contacts to assist you. Graduate students may also want to consider Orchard Park and Primero Grove, which offer family housing and are managed by Student Housing and Dining Services.

UC Davis students can also explore Public-Private Partnerships. These additional on-campus housing choices are privately owned and managed, and represent a wide range of community and lifestyle options for students to make campus their home. Leases with these properties are independent of the university. Learn more at housing. ucdavis.edu/apartments. Incoming graduates with families may want to consider how close schools and childcare will be to your home. For guides on how to find childcare and schools in Davis and surrounding areas, visit siss.ucdavis.edu/childcare-and-school-enrollment.

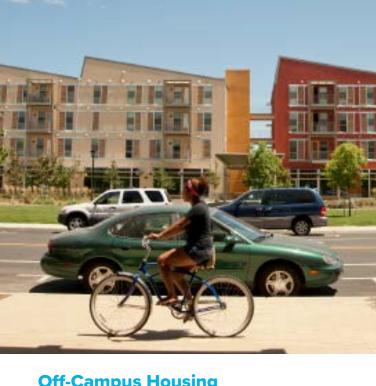
On-Campus Housing

On-Campus Apartments

UC Davis offers family-friendly apartments on campus to transfer, graduate, and professional students. Apartments come with furnished or unfurnished options, and come equipped with full-size kitchens, including a refrigerator, stove and oven. More information about apartments at UC Davis can be found at housing.ucdavis.edu/apartments.

Housing Cooperatives

There are housing cooperatives on the UC Davis campus open to students. Housing cooperatives value community involvement, so residents are often required to contribute to the upkeep of the house. Most cooperatives host weekly communal dinners and social activities for residents to get to know each other. To learn more about each housing cooperative, visit housing.ucdavis.edu/apartments.



Off-Campus Housing

Securing housing in and around Davis can be challenging, so it's best to start looking early. Consider cost, length of lease, and proximity to campus and shopping if you do not have a vehicle, and school districts if you have children.

Off-Campus Apartments

A range of apartment options in the City of Davis vary in price and proximity to campus. Depending on the apartment, some may have furnished options. Typically, monthly rent covers some utilities (water, sewage and trash), but tenants must set up and pay for electricity and/or gas and Wi-Fi. The rental agreement or lease is usually an eight to 12-month lease and requires renters to pay first and last month's rent as well as an initial security deposit that can be returned if the apartment is left without damages.

Houses

Houses in Davis can offer larger living spaces and additional amenities such as private yards and garages. Unlike apartments, some homeowners (landlords) may require the tenant to pay all utilities, while others may include it in the rent. Housing rental agreements usually require an initial security deposit, and may be for between 3-12 months.

Room in a Shared House or Apartment

Residents (including homeowners or other renters) may be looking for housemates or roommates. With this type of living arrangement, you can expect to share general spaces like the kitchen, living room and bathroom.

Be sure you understand all the privileges and limitations a private homeowner may want before making any type of agreement.

Resources to Help with Your Housing Search

ASUCD Community Housing Listing

The Associated Students of UC Davis (ASUCD) maintains an online database of off-campus housing. You can find apartments, houses, rooms in a shared house or apartment, and people looking for roommates through the list. Sign up at chl.ucdavis.edu.

ASUCD also provides guidance through Housing Advising for Undergraduate Students (HAUS). Search for it on asucd.ucdavis.edu.

Student Housing and Dining Services

Students can find resources to help their housing search through Student Housing and Dining Services: housing. ucdavis.edu.

Facebook

UC Davis students often use Facebook groups to look for roommates in a shared home or apartment. You'll need a UC Davis email address to join the groups. Use Facebook to search two popular search terms, "UC Davis Off-Campus Housing" and "Sublease and Short-Term Housing."

Nextdoor

The Nextdoor App is a free mobile application that connects the user with their neighbors. Through this app, users are able to get information on community events, safety alerts, and find recommendations for goods and services in Davis.

WHEN CAN I MOVE INTO STUDENT HOUSING?

Depending on the year, move-in dates for residence halls are typically around middle or late September. Students moving into The Green will move in either early or middle of September. Find general move-in information at **housing.ucdavis.edu**, and specific dates are provided to each student via the "MyHousing" portal.

Students moving in winter or spring quarter should contact Student Housing at studenthousing@ucdavis.edu.



Scams and How to Avoid Them

What are scams?

Scams are fraudulent attempts to trick people out of their money. Unfortunately, these lies are easy to fall for, and you might not know a phone call, email or interaction is fraudulent until it is too late. International students and scholars can be targets of scams and should take extra precautions to avoid them.

How to avoid scams

Protect yourself by staying alert and knowing what to look for. Think twice before communicating with someone you do not know—whether over the phone or online. If you are uncertain if you are being targeted by a scam, email SISS at siss@ ucdavis.edu. Remember that if it does not 'feel' right, check with others before acting.

When renting an apartment or place to stay off campus:

One of the most common scams include rental or apartment scams, which involves fake advertisements for apartments that do not exist. To avoid rental scams, follow these suggestions.

- → Insist on meeting a landlord or property manager in person before signing a lease or paying any money (money is usually due when you sign the lease)
- → Avoid sending money in exchange for keys or to see or rent a property!
- → Research the property and landlord before paying any money—ask for references, check property records and read online reviews

Here are some signs that the person you are talking to might be trying to scam you. End the conversation if the person:

- → Warns or threatens arrest or legal action
- → Pressures you for your personal information
- → Requests secrecy
- → Threatens to suspend your Social Security number or visa (even if they have part or all of your information, such as part of your Social Security number)
- → Promises to increase your Social Security benefit
- → Demands or requests immediate payment
- → Requires payment by gift card, prepaid debit card, internet currency or by mailing cash
- → Offers you a job even though you have not applied for or expressed interest in one
- → Instructs you to spend money for a job, either by buying supplies or gift or prepaid debit cards
- → Threatens to seize your bank account
- → Tries to gain your trust by providing fake documentation, false evidence, or by claiming to be a government official (please note: The United States government will NOT call or email you.)

For more information about avoiding scams, visit siss.ucdavis.edu/scams



Getting to Orientation

There are different orientation schedules and requirements for incoming undergraduate students, graduate students, scholars and families. For international student orientation information, go to siss.ucdavis.edu/internationalorientation. For international scholars in J-1 status, go to siss.ucdavis.edu/j-1-orientation.

Booking Accommodations

If you will arrive before the start of your rental agreement, you will need to find a place to stay until your lease begins. The average nightly rate for a hotel room in Davis can be \$100-\$200. Be sure to book a hotel room early.

Need help finding hotels in the area? Visit visityolo.com/plans/lodging.

Getting to UC Davis From the Airport

From San Francisco International Airport (SFO)

San Francisco International Airport (SFO) is just over 80 miles (130 km) from UC Davis, which can take between one hour and 45 minutes to two hours and 30 minutes, depending on the time of day and traffic. We recommend using a navigation app (like Waze, Google Maps, Apple Maps, etc.) to estimate travel time when deciding upon transportation options. If you are headed to a location in Sacramento from SFO, the distance is farther than to Davis, so Amtrak, taxi, and ride sharing services may be more expensive.

From Sacramento International Airport (SMF)

Sacramento International Airport (SMF) is just over 20 miles (32 km) from UC Davis which can take between 25 minutes to one hour, depending on the time of day and traffic. Again, we recommend using an app (like Waze, Google Maps, Apple Maps, etc.) to estimate travel time when deciding upon transportation options. If you are headed to a location in Sacramento from SMF, the distance is shorter, so taxi and ride sharing services will be less expensive.

Taxis and Ride Sharing Apps

On-demand taxi services are available at both airports, as are app-based ride sharing services like Lyft or Uber, which offer rides in private cars. Depending on the time of day you arrive and traffic conditions, travel time and cost will vary.

The Davis Airporter

The Davis Airporter is a shared van service that is scheduled in advance to pick you up at San Francisco International Airport or Sacramento International Airport and deliver you to your address in Davis. Make a reservation ahead of time, and you will be instructed to call the service once you arrive at the airport to confirm. Learn more at davisairporter.com.

Public Transportation

BART/AMTRAK FROM SAN FRANCISCO

For a relatively inexpensive option, you can take BART (Bay Area Rapid Transit), a public transportation system serving the San Francisco Bay Area. BART takes you to the Amtrak station in Richmond, California, where you can connect with a bus or train to transport you to Davis and Sacramento. Keep in mind-this option is complicated and requires advance planning and a longer travel time.

YOLOBUS FROM SACRAMENTO

YoloBus offers direct bus service from Sacramento International Airport to UC Davis. Although inexpensive, this bus only comes once an hour, will not deliver you to a specific address in Davis (so make arrangements as necessary) and may not have space for extra baggage.

This is explained in detail on our website. Watch our video about how to get from San Francisco International Airport to UC Davis: siss.ucdavis.edu/airport-transportation.



Packing List

for International Students and Scholars

Carry-On Bag

Required

- □ Boarding pass
- □ Passport
- □ I-20 (F-1) or DS-2019 (J-1)
- □ Valid F or J visa (Canadians are exempt)
- □ Spending money
- □ Vaccination Records
- ☐ Phone (or buy in U.S.)
- □ Admissions letter

☐ Home country driver license

□ Transcripts

- ☐ Copies of your important documents (passport, visa, I-20/DS-2019, etc.)
- ☐ Short-term supply of any required medications or prescriptions.

Review prohibited and restricted items here: www.cbp.gov/travel/ us-citizens/know-before-you-go/prohibited-and-restricted-items

Optional

□ Chargers

- □ Earplugs
- □ Eyeglasses and contact
- □ A light jacket

☐ Travel-size toiletries

□ A change of clothes

- □ Adapter/converter
- □ Credit card

- □ Laptop/tablet □ Camera
- □ Travel pillow

Please check the U.S. Food and Drug Administration website for tips on how to travel to the U.S. with medication: www.fda.gov/ consumers/consumer-updates/5-tips-traveling-us-medications

Review accepted COVID-19 vaccinations and proof of vaccinations here: www.cdc.gov/coronavirus/2019-ncov/travelers/proofof-vaccination.html.

Checked Bag

- ☐ Travel-size toiletries (for a week)
- ☐ Family photos (or other reminders of home)

Recommended Clothes

- □ Business casual
- □ Swimsuit
- □ Exercise
- □ Undergarments
- □ Casual
- □ Coat/jacket
- □ Walking/comfortable

Finance tip:

If living on-campus, bring about \$500 USD cash. If living off-campus, bring about \$1,000 USD cash. (You may need to bring more or less depending on your situation.)

Teaching assistants and postdocs should plan to have enough finances until November because they won't get paid until after they begin working. Contact your program for details.

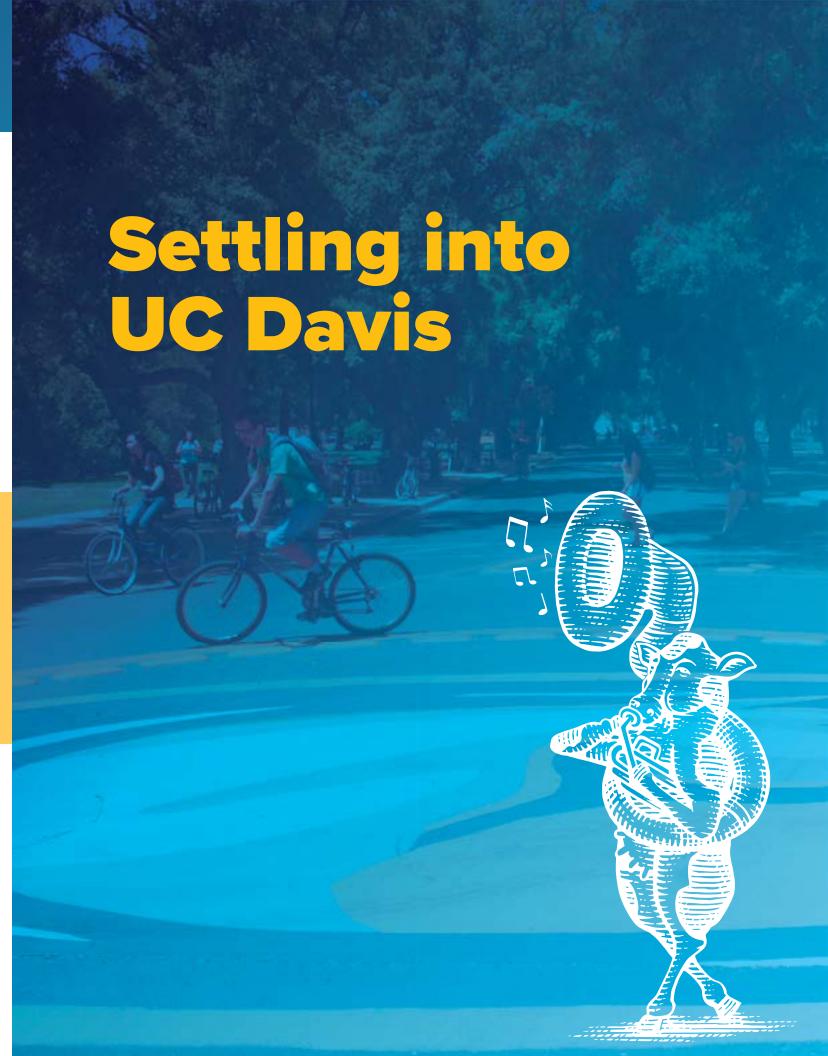
Visa and Mastercard credit cards are the most widely accepted credit cards in the U.S.

Packing tips:

- · Put any items you will need for a few days (like a change of clothes) in your carry-on in case your checked bag gets misrouted and arrives late
- Do not bring customs-prohibited items (e.g., fresh fruit, meat).
- · Do not put valuable items in your checked bag.
- Average Autumn temperatures in Davis: Daytime: 21-32°C (70-90°F) Nighttime: 4.5-13°C (40-55°F)
- During winter, it tends to rain. Make sure to purchase a raincoat, rain boots and an umbrella. More information can be found on page 18.

Things to Buy in the U.S.

☐ Bed sheets and □ Clothes blanket □ Hair dryer □ Pillows □ UC Davis gear □ Umbrella and rain gear □ School supplies □ Cosmetics □ Electronics (laptop, □ Toiletries tablet, phone) □ Towels





Moving Into Your New Place

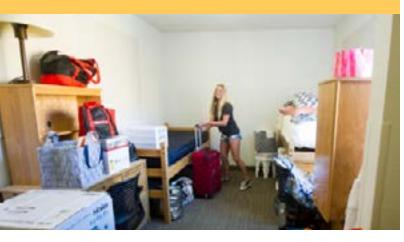
Buying Furniture or Supplies

If you're moving into residence halls or on-campus housing, they often come fully furnished, so you may not need to buy furniture, but you may need bedding or bathroom products. If you are living off campus, you will probably need to furnish your own living space.

There are many different types of stores, which we'll talk more about in this section, including retailers that carry furniture and housing supplies.

Getting It Home:

Furniture and supplies are heavy! Do not plan to get everything back to your housing on a bicycle. Some retailers may offer delivery for a fee. Moving furniture is easier if you are able to rent a car or truck, but there are strict requirements for driving in California. See the Planes, Trains and Automobiles (and also Bikes) section (page 20) for more options.



Some Common Retailers

- → Target (3 mi/5 km, Davis)
- → TJ Maxx (3 mi/5 km, Davis)
- → Best Buy (9 mi/14 km, Woodland)
- → Home Goods (9 mi/14 km, Woodland)
- → Walmart (9 mi/14 km, Woodland)
- → IKEA (13 mi/21 km, Sacramento)

Retail Outlets

Retail stores sell anything from bath and beauty supplies and clothes to furniture and homegoods or electronics, like laptops or televisions. Some stores sell it all, others specialize in a specific type of good. Check their websites before you go to make sure they have what you need.

Setting up Utilities and Services for Off- Campus Housing

Tenants are typically asked to pay for internet and electricity in addition to their rent. For more information about housing, utilities and avoiding scams, visit siss.ucdavis.edu/housing

Electricity

Pacific Gas and Electric (often called "PG&E") provides both natural gas and electricity in Davis. To set up an account or find out more about cost, visit **pge.com**.

nternet

There are a few options for internet providers in Davis. To find reliable service in your area and compare costs, visit inmyarea.com/internet.

Shopping and Dining

Grocery Stores

In grocery stores, you'll find fresh produce, dairy, meats, bread, and non-perishable food. They also sell a variety of drinks, and some grocery stores have their own section of freshly baked goods. Most have toiletries and a limited supply of household products, but these items may be more expensive than at other retail outlets.

Free Food For Those Who Need It

ASUCD PANTRY

No one has to miss a meal or live without basic necessities. This student-run, student-led organization provides food and other basic essentials to UC Davis students, faculty and staff. Learn more at thepantry. ucdavis.edu.

FRUIT & VEGGIE UP

Free produce for UC Davis students! Check in with the Memorial Union Information Desk for the days and times.



Some Common Grocery Stores in Davis

- → Davis Food Co-op
- Grocery Outlet
- → Nugget Market (2 locations)
- → Rite Aid
- → Safeway (2 locations)
- → Save Mart Supermarkets
- → Trader Joe's
- → Target

Cultural Grocery Stores

There is an "ethnic" food section in most grocery stores, but the selection can be rather limited. If you're cooking a meal from home, you may need to visit a cultural grocery store to find the ingredients you need. The next page will help you find nearby options.

Restaurant Reviews and More

Whether you are looking for specific food options, or curious about a restaurant's menu and pricing, the review app Yelp offers a wide variety local reviews that can help you decide what new places to try in Davis. You can download the app on your mobile device or go to **yelp.com**.

Davis Farmers Market

The Davis Farmers Market is an open-air market held year-round best known for Saturday mornings and Wednesday evenings at Central Park (4th and C Streets). Other locations are seasonally available, but the Davis Farmers Market is a great place to buy fresh fruits and vegetables, fresh baked goods, flowers, and more. For more information, visit davisfarmersmarket.org.

14 2024-25 | UC Davis International Student and Scholar Handbook

Cultural Grocery Stores

in Davis, Woodland and Sacramento

Davis

- Ho Ho Market | Cantonese, East -Asian
- International Food Market | Primarily Indian and Middle Eastern
- Kobe Mini Mart | Japanese
- Kim's Mart | Primarily Korean, Chinese, and Japanese
- Tarad Thai Asian Market | Southeast Asian

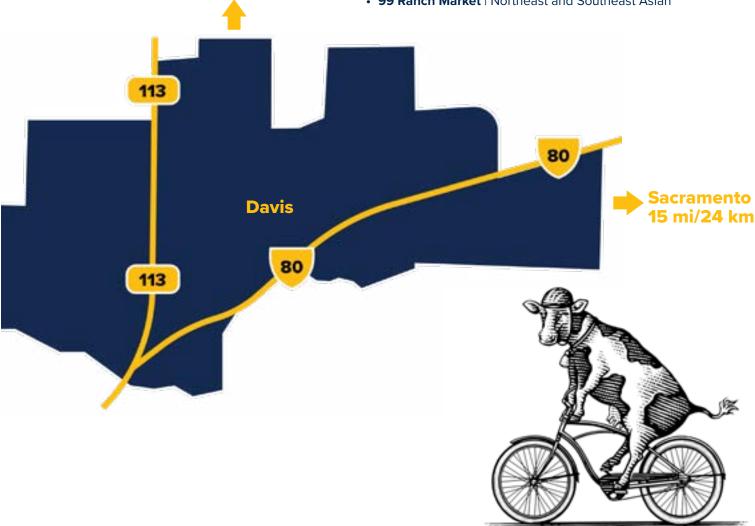
Woodland

- Apna Bazaar | Indian, Pakistani
- La Superior | Mexican

Woodland 12 mi/19 km

Sacramento

- Asian Feed Center | Chinese, Vietnamese
- Babylon City Market | Mediterranean, Middle Eastern
- Corti Brothers | Italian, International
- European Delicatessen | Eastern European
- La Superior Mercados | Mexican
- Mediterranean Market | Middle Eastern, Mediterranean
- Osaka-Ya | Japanese
- Oto's Supermarket | Japanese
- Panadería La Esperanza | Mexican
- Red Star International | Latin, Caribbean
- Red Sea Market | Middle Eastern, carries Halal meats
- SF Supermarket | East and Southeast Asian
- Shan Market | Pakistani, Indian, Fijian, Middle Eastern, carries Halal Meats
- Sundays Asian Farmer's Market | Asian produce from local growers
- Venera European Market | Eastern European
- 99 Ranch Market | Northeast and Southeast Asian





Pharmacies

Pharmacies are retail establishments where you can get your prescription medications, find over-the-counter medicine and receive limited medical services, like a flu shot. Similar to supermarkets, pharmacies sell some household items, baby-care supplies, menstrual products, beauty and personal care products, and usually have packaged snack foods and drinks.

Pharmacies

- → CVS Pharmacy (2 in Davis)
- → Rite Aid (2 in Davis)
- Target (1 in Davis, 1 in Woodland)
- → Walmart (1 in Woodland)
- → Walgreens (1 in Woodland)

Online Marketplace

Not everyone coming to UC Davis will have a car or access to a car, and public transportation can make shopping difficult. Ordering products online—especially furniture—can cost more because of shipping, but may be easier for some students and scholars without transportation.

Amazon

The Amazon@UC Davis store is located right next to the Campus Store in the Memorial Union, with its own entrance and hours (9 a.m.–9 p.m., daily). It provides a convenient location to pick up and return Amazon orders. For more information, visit memorialunion.ucdavis.edu/amazonuc-davis.

Amazon Lockers are self serve kiosks on campus where you can have Amazon orders securely delivered. For more information, visit housing.ucdavis.edu/mail-and-packages/amazon-lockers.

Facebook

Community members and students from UC Davis sell used goods like furniture, bikes and electronics on Facebook. It can be useful to find discounted and low-cost daily-use items, but you'll usually have to find a way to pick up the items.

Sending and Receiving Mail

Post Office

Post Offices are operated by the U.S. Postal Service (USPS). You can buy stamps or send and receive larger packages. There are two locations in Davis. Learn more at **usps.com**.

Mailing Options

U.S. mail is delivered by USPS Monday—Saturday (except holidays), and campus mail is delivered Monday—Friday. If you live on campus, service centers have designated areas for outgoing mail. There is a mail box in front of the Memorial Union that takes outgoing mail. For more information, visit housing.ucdavis.edu/mail-and-packages.

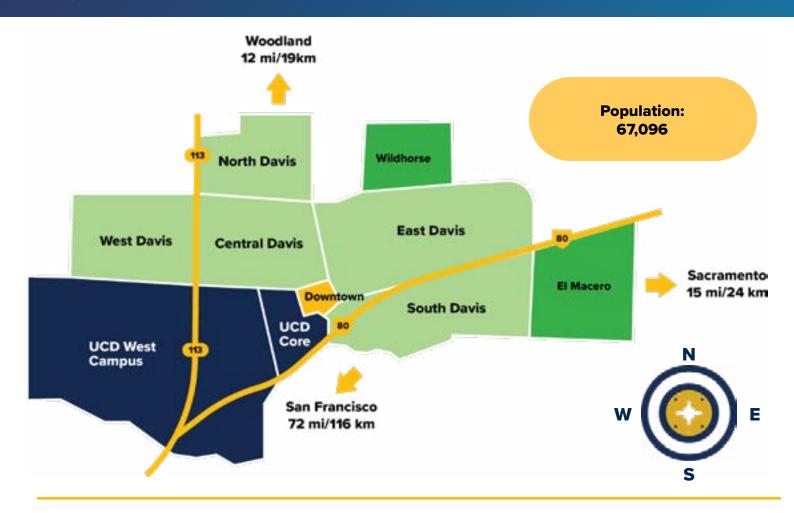
If you live off-campus, check with your apartment complex if they have a designated area for outgoing mail. If you're in a house, be sure there is a safe place to receive packages or seek another pick-up location.

Fed-Ex and UPS

Fed-Ex and UPS offer packing, shipping, and printing services. They are a little more expensive than the U.S. Postal Service, and offer a full range of international shipping services. For more information, visit **fedex.com** or **theupsstore.com**.

Davis Fast Facts

A Quick Guide to Davis Life



Seasons and Weather

Davis experiences all four seasons and sees an average of 53 cm (21in) of rain each year.

Average Temperatures in Davis:

- → Fall: 21-32°C (70-90°F)
- → Winter: 13-16°C (55-60°F) with lows below 4°C (40°F)
- → Spring: 19-27°C (66-80°F)
- Summer: 32-38°C (89-100°F) with highs above 38°C (100°F)

Bike Friendly

With just over 10 square miles (nearly 17 square kilometers), Davis's landscape and climate are ideal for year-round biking—even during the winter if you don't mind a little rain. In addition, Greenbelt bike paths connect various areas to town, and there are many community parks throughout the city to enjoy.

Distances from Davis by car (without traffic):

- → Davis to Sacramento: 20 min (16 mi/26 km)
- → Davis to Napa: 50 min (50 mi/80 km)
- → Davis to San Francisco: 90 min (80 mi/129 km)
- → Davis to Lake Tahoe: 2 hours (120 mi/193 km)
- → Davis to Los Angeles: 8-10 hours (367 mi/590 km)







Planes, Trains, and Automobiles (And Also Bikes)

Buses

Unitrans

Unitrans is the bus system driven by students that runs on campus and throughout the city of Davis. Rides are free for UC Davis undergraduate students with student ID; the fare is \$1.25 per ride for all other riders. Multi-ride passes are available for purchase. For more information, go to unitrans.ucdavis.edu.

Yolobus

Rides on Yolobus are free with a UC Davis undergraduate student ID. The Yolobus goes to West Sacramento, Sacramento International Airport (SMF), and the nearby town of Woodland, and runs late on weekends, while Unitrans does not. Fares are listed at **yolobus.com**.

The Davis Berkeley Shuttle

The intercampus bus service provides transportation between UC Davis and UC Berkeley for faculty, staff and students. Tickets are \$15, and can be purchased online at facilities.ucdavis.edu/fleet-services/davis-berkeley-shuttle.

Intercampus Shuttle

The UC Davis–UC Davis Medical Center Shuttle provides transportation between campuses in Davis and Sacramento Monday–Friday. Tickets are \$1.50 each way and must be purchased in advance. For details search health.ucdavis.edu/parking/intercampus.

Trains

Amtrak

Amtrak is the national train service in the United States. From the Davis station, you can get to other parts of California, including the San Francisco Bay Area and Los Angeles. It's also possible to take Amtrak to cities like Portland, Oregon and Seattle, Washington or even across the country to Chicago. You can check fares and buy tickets online at amtrak.com.

BART (Bay Area Rapid Transit)

BART is a rail system that can get you around the San Francisco Bay Area, or to and from San Francisco International Airport (SFO), but does not come all the way to Davis. The closest stations are in Richmond or Antioch, CA. Check the website for routes at <u>bart.gov</u>.





Bicycles

Rules for Bicycle Riders

Most students, staff, and faculty ride bicycles because they are convenient, inexpensive, and fun. It is important to learn how to be safe when cycling in Davis and to know and follow the rules. Bicycles are considered vehicles under California law, and riders must follow the same traffic safety laws they would when driving, like signaling turns and stopping at all stop signs. Riders should wear helmets, always yield when entering a bike circle, signal when exiting a round-about or turning, and remember that pedestrians have the right of way in crosswalks. **Always lock your bike** when you park it. For more information about bicycle safety visit **taps.ucdavis.edu/bicycle/education**.

Licenses and Registration

All bikes on the UC Davis campus must have a current California Bicycle License. Bicycle registration is not strictly enforced, but may be helpful if your bicycle is stolen. You can register your bike with UC Davis Transportation Services (TAPS) for \$12. For more information, visit taps.ucdavis.edu/bicycle/education.

Bicycle Repairs

Struggling with a flat tire, rusty chain, or loose brakes? All across campus, you will find self-service bicycle repair stations. Any bicycle shop in town offers repair services, so check with them on prices. The Bike Barn on campus provides repairs at low costs. Visit their website at **bikebarn.ucdavis.edu**.

WHERE CAN I GET A BICYCLE?

Bicycles (bikes) are the most popular way to get around Davis, but there are different kinds such as road bikes, mountain bikes and cruisers. Need help figuring out which bike is right for you? Visit localwiki.org/davis/Bicycles.

There are a few options for incoming students and scholars new to the city.

- You can buy a new bike at a retail outlet like Target or Walmart, but you will find better quality bicycles and knowledgeable staff at one of Davis' many dedicated bicycle shops. For more information, go to localwiki.org/davis/Bicycle_Shops.
- Used bikes are usually cheaper but may have some damage from use. There are options for used bikes online, on sites such as <u>sacramento.craigslist.org</u>. Alternatively, abandoned and unclaimed bicycles are sold through publicly-held auctions in October and early May. For more information, go to <u>taps.ucdavis.edu/bicycleprogram/events</u>.
- 3. You can find bikes to rent short term or long term at localwiki.org/davis/Renting_a_Bike.

Ride Sharing

Don't have a car and don't feel like taking the bus or riding your bicycle? Sometimes you can find other people on campus looking for a passenger. Check the Facebook Group: facebook.com/groups/UCDavisRideSharing.

Similar to a taxi, ride sharing apps call a driver (in their personal vehicle) to your exact location.

- → Lyft: An on-demand ride and ride sharing app that offers car rides with prices similar to Uber. Go to: lyft.com
- → Uber: An on-demand ride and ride sharing app that offers car rides with prices similar to Lyft. Go to: uber.com.





Specialized Ride Services

FOR INDIVIDUALS WITH DISABILITIES

The Mobility Assistance Shuttle provides on-campus rides at specified locations for academic or work-related purposes. Only UC Davis students, staff and faculty members with documented disabilities are eligible. Rides are on a first-come-first-served basis and must be scheduled at least 24 hours in advance. To schedule a ride, call (530) 752-1084 or visit taps.ucdavis.edu/parking/mas.

SAFE RIDES WITH THE UC DAVIS POLICE

Alone on campus and not feeling safe? Safe Ride offers night-time rides from any campus location to any location in Davis. During other hours they provide a ride or walking escort between locations on campus. Call (530) 754-COPS (2677) or visit police.ucdavis.edu/safe-rides.

Wheelchair accessible service is offered at no charge through the UC Davis Police Department's Safe Rides Program.

Cars and Driving

CALIFORNIA DRIVER'S LICENSE VS. CALIFORNIA ID

A California identification (ID) card is not a license to drive. You need a California's Driver's License in order to drive. Visit <u>dmv.ca.gov</u> to learn more about obtaining a California ID or California Driver's License.

If you won't be driving, you may want to consider a California ID. It is important to carry some form of ID (with your photograph, name, address, and date of birth). You need an ID when you cash a check, open a bank account, register your car, etc. Your passport has this information, but it is not wise to carry it with you on a daily basis because it may be lost or stolen. A California ID may be a good solution.

You may be able to temporarily use your home country driver license if it is valid. To get a California Driver's License, you must pass both a written exam and a driving exam at the Department of Motor Vehicles. If taking a driving exam, you must make an appointment prior to arriving at the Davis DMV. You cannot drive in California with only an international driving permit.

PARKING ON CAMPUS

Transportation and Parking Service (TAPS) now offers daily parking rates instead of a monthly parking permit. Fees can be paid through the mobile app, ParkMobile. Learn more at taps.ucdavis.edu/parkingoperations.

RENTING A CAR

To rent a car in the U.S., usually you must be over 21, but some companies require you to be at least 25 years old. If you're using your home country driver's license, you will likely be asked to show your passport, too. Insurance for your rental car can be confusing, but is very important, so do research ahead of time or ask about options when renting. Find car rental companies in Davis by visiting localwiki.org/davis/Car_Rental.

CAR SHARES

There are a few car-sharing services in Davis and Sacramento. Car sharing allows you to sign up through an app, rent a car, and pay for only the time you use—by the minute, hour or day. You will need a valid driver's license. For more information, visit **gigcarshare.com** or **zipcar.com**.

WHERE TO GET A CALIFORNIA DRIVER'S LICENSE

The Department of Motor Vehicles (DMV) in Davis is located at the intersection of 5th St. and Pole Line Rd. The A, P, or Q lines of Unitrans will get you there. If you plan to own a vehicle while living in Davis, you must register your vehicle with the DMV and state law requires auto insurance for all vehicles. You can get information about how to buy and register a vehicle online. Find all the information you need at dmv.ca.gov.

A California Driver's License can serve as a valid form of identification.



Money Matters

Opening a US Bank Account

When living off-campus in a house or apartment, it is usually required that you pay the property manager with a written check. Paying with a U.S. bank account may be easier for some transactions. You may decide to open a U.S. bank account while still maintaining an existing bank account from your home country for other banking and financial needs. When opening up a new account, international students and scholars will generally need documentation that proves their identity and residence in the local area, such as their passport, I-20 or DS-2019s, and a lease agreement or utility bill.

Banks and Credit Unions

Both banks and credit unions let you open a checking or savings or account, but fees and interest rates can vary depending on the institution you pick. Both are insured by the federal government. Credit unions are non-profit organizations and you must become a member, and banks are for profit. It is also a good idea to talk to your bank in your home country to see if they have a partnership or affiliation with a bank in the U.S. Sometimes this can make handling your money easier.

Banking Tips

- Using credit and debit cards is very common in the U.S.
- Some businesses may require a minimum purchase amount to use cards, otherwise, there may be a small additional fee.
- · Some businesses may be cash-only.
- When using a credit card, some businesses may ask for identification.
- For safety reasons, consider minimizing the amount of cash you carry daily (less than \$50).

WHERE CAN I GET CASH AND EXCHANGE MONEY?

Exchanging money can become very expensive with interest rates or fees, so check with local U.S. banks to understand any added costs. You can withdraw money directly from a U.S. bank account at any U.S. Automatic Teller Machine (ATM) to avoid excessive fees. If you use a debit card from home, let your bank know that you will be using it in the United States and ask about additional fees. Not all U.S. banks accept foreign ATM cards. There are some ATMs available on campus.

Money Transfer Apps

Some businesses or individuals use mobile apps to send or receive payment. It is not as secure as using your bank, but it is fast and convenient.

66

"When it comes time to pay your student fees, look to the Cashier & Payment Solutions Office for approved options and secure payment methods, such as Flywire for international fund transfers.



Consulting with a friend

or third party is not recommended. Come see us at Dutton Hall Monday through Friday, 10 a.m. until 4 p.m., or email your questions to cashier@ucdavis.edu."

—Sylvia Montgomery, Cashiering & Payment Card Manager

VENMO/CASH APP

These apps link to your bank account or debit card in order to make or request payments with other users. Money received can be transferred back to your bank. Venmo is currently only supported in the U.S. and Cash App is currently available in the U.S. and U.K. only. Learn more at **venmo.com** and **cash.app**.

PAYPAL

This online payment system allows you to send and receive payments from other PayPal users. You can also buy from some online retailers using a PayPal account. PayPal offers secure payment exchanges to prevent fraudulent transactions. Learn more at paypal.com.

Paying Taxes

The U.S. has both federal (national) and state taxes. Every international student or scholar in the U.S. is required to file at least a U.S. federal tax return as a condition of their visa, but not everyone will pay taxes to the U.S. government. According to the Internal Revenue Service (IRS)—the federal government's tax agency—all international students and scholars should plan to declare their income or lack of income to the federal government by filing a tax return every year in April. Depending on your actual income, you may also need to file a tax return with the state of California.

At the beginning of each year, you may receive documents—usually by mail—that are used to calculate any tax responsibility you may have for earnings during the previous calendar year (January-December). You will need to determine and file any taxes. SISS is here to help. Find more information at siss.ucdavis.edu/financial/general-tax-information.

TAX HELP

Taxes can be confusing, even for those who have lived in the U.S. for a long time. SISS staff are not permitted to provide individual tax advice. However, SISS will provide access each year to tax software and trained tax professionals through GLACIER Tax Prep, for federal taxes only. You may choose to use the service or find your own resources.

Money Matters

for International Students and Scholars

CONSIDERATIONS WHEN CHOOSING A BANK

- Branch location nationwide availability or primarily local?
- ATM locations on or close to campus, or close to where you live?
- Can your home country bank access your U.S. account?

AUTOMATED TELLER MACHINES (ATMS)

- Use ATMs affiliated with your bank as much as possible, otherwise, you will be charged extra fees
- Must use a debit card at ATMs to withdraw cash
- Can also deposit checks at ATMs
- Your bank will have a limit on how much cash you can withdraw from an ATM per day

WHAT TO BRING WHEN OPENING A BANK ACCOUNT

- ☐ Money to deposit
- ☐ Your passport or approved form of identification
- ☐ Printout of Form I-94 (arrival/departure record) or I-94 card
- ☐ Form I-20 (F-1 student) or Form DS-2019 (J-1 exchange visitor)
- ☐ Local mailing address (one of the below):
 - ☐ Signed lease agreement
 - □ Utility bill

Forms of payment

DEBIT CARD

- You can pay for goods and services directly from your bank account
- The amount you have in your bank account is the maximum amount you can pay using your debit card
- It is NOT a credit card (note: some debit cards can have the Visa or Mastercard logo on them and are accepted where those cards are accepted. They still function as debit cards.)

CHECKS

 You can pay bills (typically rent and utilities) and for other goods and services with personal checks

CASHIER'S CHECKS

- Check drawn from the bank's funds, signed by a cashier or teller, so the bank guarantees payment
- Can be obtained from most banks and credit unions where you bank
- Usually used for large purchases such as a car or putting down a deposit for an apartment or house rental

MONEY ORDERS

- Pre-paid amount of money that is guaranteed by a third party, like the post office, Walmart, or Western Union
- Can be obtained at Walmart, U.S. Postal Services (USPS), banks and credit unions, and some convenience stores, supermarkets, drug stores/pharmacies (Walgreens, Rite Aid, CVS, etc.)

PAYING YOUR FEES AT UC DAVIS

 To pay fees and tuition at UC Davis, visit <u>mybill.ucdavis.edu</u>. For questions or more payment information, visit <u>financeandbusiness.ucdavis.edu/</u> student-resources/cashier.

CREDIT CARD

- Discuss with your bank first about getting a credit card
- Most international students and scholars may find it difficult to get a U.S. credit card because they have not established a credit history
- Credit history:
 - → You can establish credit by paying your rent and bills on time, not overdrawing your bank account.

 Use a third-party company (like RentTrack.com or RentReporters.com) to verify that you're paying rent on time. Late or missed payments and overdrafts may negatively affect your credit score.
- You can try to get a secured credit card if you are having difficulty obtaining a regular credit card
- Beware of the interest rate, which can be very high (22%+), requiring you to pay back more than you spend
- You may receive mail about applying for credit cards
- The most widely accepted cards are Visa and Mastercard
- Some stores may not accept certain credit cards

WIRE TRANSFERS

- Method of transferring funds from one bank account to another
- Wire transfers typically take 2-5 business days and can cost money
- Have your U.S. bank details on hand when you are arranging a wire transfer
- Be careful of scams when using a wire transfer; they are untraceable once sent and not refundable

FLYWIRE

- Pay tuition and fees to UC Davis with your home bank account with Flywire
- UC Davis' preferred wire payment method when transferring funds from internatiwonal banks

Bank Locations

Bank	Address	Hours	Phone Number	Requirements to Open Account	Website
Banner Bank	333 F St, Suite A Davis, CA 95616	M–F 9 a.m.–5 p.m. Closed Saturdays and Sundays	(530) 758-6250	Passport and Student ID	bannerbank.com
Bank of America	325 E St. Davis, CA 95616	M–F 9 a.m.–5 p.m. Sat 9 a.m.–4 p.m. Closed Sundays	(530) 757-5020	Passport and Student ID	bankofamerica.
Chase	330 E St Davis, CA 95616	M–F 9 a.m.–5 p.m. Sat 9 a.m.–2 p.m. Closed Sundays	(855) 761-4060	I20 /DS-2019 and Passport	chase.com
First Northern Bank	434 2nd St Davis, CA 95616	M—Th 9 a.m.—5 p.m. F 9 a.m.—6 p.m. Closed Saturdays and Sundays	(530) 758-7500	Social Security Number	thatsmybank.com
River City Bank	239 E St Davis, CA 95616	M–F 10 a.m.–4 p.m. Closed Saturdays and Sundays	(530) 753-1131	Social Security Number	rivercitybank.com
U.S. Bank	304 F St Davis, CA 95616	M–F 9:30 a.m.–5 p.m., Sat 9:30 a.m.–1 p.m. Closed Sundays	(530) 756-7283	Passport and \$20	usbank.com
Wells Fargo Bank	340 F St Davis, CA 95616	M–F 9 a.m.–5 p.m. Sat 9 a.m.–12 p.m. Closed Sundays	(530) 756-7660	Passport	wellsfargo.com
Golden 1 Credit Union	508 2nd St, Suite 101 Davis, CA 95616	M–F 10 a.m.–5 p.m. Sat 10 a.m.–2 p.m. Closed Sundays	(877) 465-3361	Social Security Number	golden1.com
Travis Credit Union	1380 E Covell Blvd Davis, CA 95616	M–F 10 a.m.–5:30 p.m. Sat 10 a.m.–2 p.m. Closed Sundays	(800) 877-8328	Passport	traviscu.org
BluPeak Credit Union	200 B St Davis, CA 95616	M—Th 9 a.m.—5 p.m. F 9 a.m.—6 p.m. Sat 9 a.m.—4 p.m. Closed Sundays	(866) 873-4968	Social Security Number	blupeak.com
Yolo Federal Credit Union	501 G St Davis, CA 95616	M–F 10 a.m.–5 p.m. Sat 10 a.m.–2 p.m. Closed Sundays	(530) 668-2700	Social Security Number	yolofcu.org



Health and Wellness

COVID-19 and UC Davis

To learn about COVID-related topics, including guidance and requirements, visit campusready.ucdavis.edu.

Student Health Campus Resources

UC Davis Student Health and Counseling Services (SHCS) provides a wide variety of medical, mental health, and wellness services to all registered UC Davis students, regardless of insurance coverage. Most routine medical and mental health services are provided through scheduled appointments; urgent care is available without appointment during normal hours of operation. Contact SHCS at (530) 752-2349 to make an appointment or to access Advice Nurses at any time. Learn more at shcs.ucdavis.edu.

Health Insurance

UC Davis students are required to have health insurance coverage that is valid in the U.S. All registered students are automatically enrolled in the UC Student Health Insurance Plan (UC SHIP), with fees billed to the student account, so be sure to visit shcs.ucdavis.edu/insurance-services.

If you are already covered by a health insurance plan, you can waive enrollment in UC SHIP by submitting a waiver application. There is a deadline to decline UC SHIP—you must submit the waiver form before the start of each new academic year. Learn more at shcs.ucdavis.edu/insurance/waiver.

Scholars and Families

- → Immigration regulations require J-1 scholars and their J-2 family members to carry medical insurance for the duration of their program. Learn more at siss.ucdavis.edu/health-insurance-j-1.
- → Scholars employed by UC Davis may receive health benefits through UC Davis. Scholars with postdoctoral scholar position titles will enroll in the Postdoctoral Scholar Benefits Plan. Learn more at siss.ucdavis.edu/health-insurance-postdoctoralscholars. Scholars should check with their UC Davis department if they have questions about health benefits.
- → Scholars who are not employed by UC Davis or do not hold a postdoctoral scholar position title must purchase their own health insurance. More information can be found at siss.ucdavis.edu/health-insurance.

Learn more about finding a nutritionist at shcs.ucdavis.edu/services/nutrition-services.

Feeling Overwhelmed?

SHCS offers counseling services to help students realize their academic and personal goals. Meeting with a counselor can help students clarify issues, explore options, and cope with problems more effectively. They provide free, confidential, short-term counseling in both individual and group settings to all registered UC Davis students. Learn more at shcs.ucdavis.edu/counseling-services.

If you're feeling stressed, overwhelmed, or in crisis, help is a text away. You can talk to a trained counselor about anything you need to through the crisis text line-it's free, immediate, confidential and available 24 hours a day, 7 days a week. Text "Relate" to 741741 or call (530) 756-5000.

Faculty and staff who need assistance should contact the Academic and Staff Assistance Program (ASAP), which provides confidential, cost-free counseling services. See page 34 or go to hr.ucdavis.edu/departments/asap for more information.

Homesickness

Adjusting to life at UC Davis can be difficult for some, especially if you are a world away from family and friends. You may experience homesickness during the first few months. Homesickness is normal, and is experienced by many UC Davis students—even students whose families are just a few miles away. For resources about how to handle homesickness, visit shcs.ucdavis.edu/topics/homesickness.

A Safe Space To Talk

The Ombuds Office helps the UC Davis community solve problems that range from overcoming simple, practical difficulties to handling sensitive, complex issues, including cultural misunderstandings, interpersonal difficulties and health and safety concerns. Learn more at ombuds.ucdavis.edu.

Health 34

Health 34 is a team of healthcare educators and providers who deliver free, non-emergency support and service navigation for mental health and basic medical care to every segment of the UC Davis campus. Comprised of UC Davis Fire Department staff, this team provides prompt responses to non-emergencies, basic medical support, crisis prevention, recovery assistance, mental health support, and connections to on/off-campus services. Addressing issues like panic attacks, injuries, and housing concerns, the team assesses situations and coordinates care, ensuring a comprehensive approach to well-being for students, staff, faculty, visitors and the community. Call (530) 754-3434 or visit https://fire.ucdavis.edu/health34.

Nutrition and Diet Advice

In Case of Emergency



For medical, police, or fire emergencies, dial 911 (the standard U.S. emergency number). You can call the UC Davis Police emergency number if you are on campus: (530) 752-1230 (Davis) or (916) 734-2555 (Sacramento).

UC DAVIS POLICE

(530) 752-1230 (Emergency Number) (530) 754-2677 (Non-Emergency Number)

DAVIS CITY POLICE

(530) 758-3600 (Emergency Number; best for cell

(530) 747-5400 (Non-Emergency Dispatch) cityofdavis.org/city-hall/police-department

UC DAVIS FIRE DEPARTMENT

(530) 752-1236

DAVIS CITY FIRE DEPARTMENT

(530) 756-3400 (Emergency; best for cell phones) (530) 747-5400 (Non-Emergency Dispatch) cityofdavis.org/city-hall/fire-department

SAFETY SERVICES

(530) 752-1493

safetyservices.ucdavis.edu

UC DAVIS STUDENT HEALTH AND WELLNESS CENTER

Address: 930 Orchard Rd. Davis. CA 95616

Hours: Open Monday, Tuesday, Thursday, and Friday 8 a.m.—5:30 p.m.; Wednesday 9 a.m.—5 p.m.; closed on weekends.

Reduced cost for enrolled students, others pay higher fee and not all insurances accepted.

SUTTER URGENT CARE

Address: 2020 Sutter Place, Suite 101, Davis, CA 95616

Hours: Open weekdays 5:00 p.m.-9:00 p.m., weekends and holidays 10 a.m.-5:30 p.m.

Sutter-Davis Emergency Services is open 24 hours a day, seven days a week.

DAVIS URGENT CARE

Address: 4515 Fermi Place, Suite 105, Davis, CA 95618

Hours: Open every day 9 a.m.-9 p.m.

Closest Emergency Rooms

SUTTER DAVIS HOSPITAL EMERGENCY DEPARTMENT

Address: 2000 Sutter Pl, Davis, CA 95616

EMERGENCY ROOM-WOODLAND MEMORIAL HOSPITAL

Address: 1325 Cottonwood St, Woodland, CA 95695

UC DAVIS MEDICAL CENTER EMERGENCY ROOM

Address: 2315 Stockton Blvd, Sacramento, CA 95817

KAISER PERMANENTE EMERGENCY **ROOMS**

Address: 6600 Bruceville Rd, Sacramento, CA 95823 and 2025 Morse Avenue, Sacramento, CA 95825

"I hope that during your time as a UC Davis student and as part of the Aggie family, you open yourself to new opportunities to engage in activities that will help you achieve your academic and career pursuits... Manage



your time between academics, extracurriculars, and social life; first and foremost, prioritize your physical and mental well-being above all."

-Valeria Becerra Angulo, Peer Advisor & Operations Assistant

Health and Wellness Services

Students

SHCS has a variety of wellness services to help you stay healthy and combat stress, like massage therapy, acupuncture, nutrition advice, physical therapy, and ways to quit smoking. There is also a Therapy Fluffies programeach quarter around midterms or finals students can pet and play with dogs to help relieve stress. Learn more at shcs.ucdavis.edu/wellness.

Support Available for Survivors of Harassment or Assault

Center for Advocacy, Resources and Education (CARE) provides confidential advocacy, support, and healing services to survivors of sexual harassment and all forms of sexual violence, including sexual assault, intimate partner violence, and stalking. Their services are available for both students and scholars. You can reach them at care.ucdavis.edu.

UC Davis offers several different confidential resources for victims of sexual violence, like CARE, the Women's Resource and Research Center (WRRC), and the Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA) Resources Center. If you want to maintain as much control over your situation as possible, we recommend contacting CARE or one of the other campus confidential resources (like the WRRC) for advice and support. These offices are not required to report incidents of sexual violence or harassment to the university. Learn more at sexualviolence.ucdavis.edu/get-support.

About Police in Our Community

Police officers maintain a safe environment for the community. You may see officers from the UC Davis Police Department around campus, Davis Police Department around town in Davis, or Sacramento Police Department in Sacramento. They are highly trained, and an authority in the community. Your interaction with police will likely be none or minimal. You may recognize them by their uniforms. Police officers

dress in dark uniforms with a badge and police department insignia, boots, and may wear protective vests. Police officers often carry weapons, including firearms, which are intended for use only in a critical law enforcement situation.

How To Report a Crime

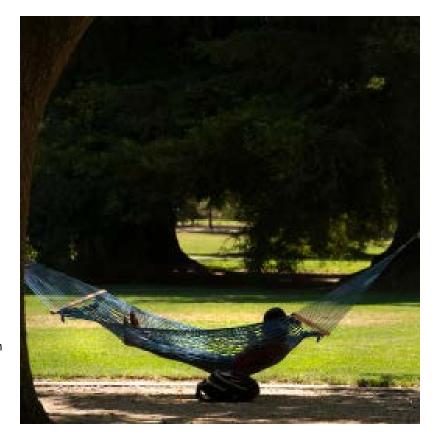
In an emergency when a crime or emergency is in progress and you need immediate assistance, please call 911 or the UC Davis Police Department at (530) 752-1230 (Davis), or (916) 734-2555 (Sacramento).

To report crimes not in progress, the UC Davis Police Department has an online system that allows you to submit a report and print a copy of your preliminary report. Learn more at police.ucdavis.edu/online-crime-reporting.

If you experience or witness an incident of hate, bias, discrimination, or harassment, please report it. You can do so anonymously if you choose: reporthateandbias.ucdavis.edu.

UC DAVIS WARNME

If there is an emergency on campus or in the area, the WarnMe system will communicate the nature of the emergency, provide instruction, and refer you to a source for more information if available. WarnMe uses student's UC Davis email addresses and faculty and staff work contact information to send alerts. Students and scholars should sign up and add their cell phones for text messages at warnme.ucdavis.edu. International subscribers can receive WarnMe messages by email and through the Everbridge app. Learn more at org.ucdavis.edu/warnme.





BLUE LIGHT EMERGENCY CALL STATIONS

More than twenty blue-light emergency call stations are installed throughout campus for student safety. By pushing the button on the station, users are connected directly to the campus Police Department's dispatch center, which will send officers or firefighters as needed.

PREVENTING SCAMS OR FRAUD

Scams are dishonest, illegal attempts to make money off of unsuspecting people. We hope you will never be contacted by someone attempting to scam or defraud you, but unfortunately, there are people who attempt to take advantage of international students and scholars. Learn how to identify a scam and avoid falling victim to one by visiting siss.ucdavis. edu/scams.

Driving Infractions

If you receive a traffic ticket for a moving violation such as driving above the speed limit or running a red light, it is helpful to know your rights. Learn more at siss.ucdavis.edu/government-legal-resources.

If you owe money or want to challenge a ticket, it is important to respond quickly within the dates stipulated on the ticket. Your insurance rates may go up for any infractions for which you are found guilty. Learn more at courts.ca.gov/8452.htm.

Safety and The Law

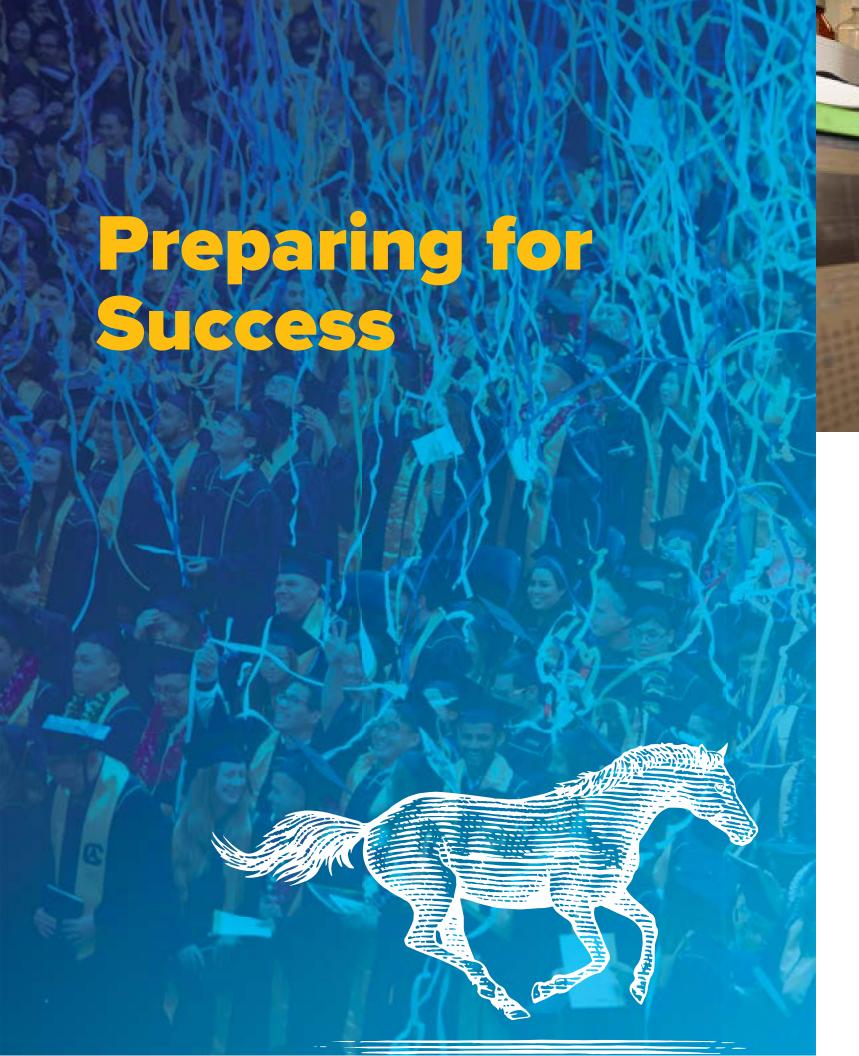
ALCOHOL AND TOBACCO

In the U.S., the minimum drinking age is 21. Consuming alcohol before turning 21 is illegal and could result in legal action. Drunk driving is also a serious criminal offense that can result in high fines, jail time, and having your driver's license suspended. For international students and scholars, legal trouble could affect your visa status and even result in revocation.

Under California law, you must be 21 years of age or older to purchase any tobacco products (including smokeless tobacco and electronic smoking devices). UC Davis is a smoke and tobacco free campus.

Cannabis (marijuana) is legal in California for adults 21 and older; however, use or possession of marijuana is illegal under federal law. Immigration laws reflect standards of federal law. You can be deported or barred from entry into the U.S. for evidence of marijuana use or planned marijuana use. When you enter the U.S. at an airport or border, your social media accounts, texts and email are all subject to search. Evidence of cannabis use (such as photos or texts to friends about buying or using) can be reason enough for agents to refuse entry. Please use extreme caution when joking about drug use or illegal activity on your social media accounts, texts, or phone. University of California policy prohibits cannabis on campus and in campus housing at all times.





Adjusting to a New Experience

How Does U.S. Grading Work?

UC Davis has two types of grading systems: In the first, students are given a letter grade between A and F.

Depending on your major, a D or F may require you to repeat the class. At the end of each academic quarter, the letter grades will be assigned a grade point and will be used to calculate your Grade Point Average (GPA). Your GPA is numeric evaluation of your academic performance at Davis. Your GPA is often considered when applying for jobs, scholarships and academic programs.

Α	4.0	Excellent
В	3.0	Good
С	2.0	Fair
D	1.0	Barely passin
F	0.0	Not passing

The second grading system gives a Pass or No Pass instead of a letter grade (P/NP). Some classes are only offered on a P/NP basis.

WHAT IS THE QUARTER SYSTEM?

The school year is made up of three 10-week quarters (fall, winter and spring) with two six-week summer sessions. One week of final exams follows the end of each quarter. On average, students take three to four courses each quarter, depending on the level of difficulty. Students looking to get ahead or stay on track can choose to attend one or both of the summer sessions.

Test of Oral English Proficiency (TOEP)

Graduate students interested in holding teaching assistant (TA) and associate instructor (AI) positions can take this on-campus exam to demonstrate their oral English proficiency. The TOEP is offered at the end of each quarter. See iae.ucdavis.edu/graduate/toep for more information.

Interacting with Faculty

In addition to instructing the class, faculty at UC Davis can serve as a resource for academic and professional advice, mentorship, and can even provide research opportunities. Students are encouraged to interact with faculty by contributing to the discussion in class, asking questions and respectfully sharing opinions (even if they are different from your instructor's opinion), which can help increase your participation grade.

Typically, during the first day of instruction or on the syllabus, faculty share their preferred channel of communication, which lets you know if they prefer to be emailed or approached during office hours. Professors and instructors set aside weekly office hours throughout the quarter for students to come and ask for help, guidance, or to learn more about the professor and their research interests. If members of faculty get to know you, they can be excellent references in the future. In most cases, faculty can also meet outside of their scheduled office hours if there is a conflict with your schedule—you just have to ask with enough notice.



There are many organizations and clubs to immerse yourself in, including social, professional and academic groups. One of my favorite places to meet folx is the Student Community Center, which houses many of the



student life centers: Cross Cultural Center, Student Recruitment and Retention Center, and LGBTQIA+ Resource Center."

-Katherine Parpana, Director, Strategic Asian and Pacific **Islander Retention Initiative**

Adjusting to School

Foundations for Success for International **Students**

This course is designed to help international students adapt to UC Davis and American life. It is an optional year-long series of seminars for new international students offered by the School of Education and Services for International Students and Scholars (SISS). Topics include: academic expectations, quarter system, American cultural celebrations, academic writing rules, conduct expectations, culture shock, friendships, campus involvement and time management. (The class is 2 units, Pass/No Pass grading.)

First-Year Seminars

First-Year Seminars are small, innovative classes that reflect the instructor's intellectual interests. Limited to 19 students each, these courses cover an exciting range of topics. To learn more, visit fys.ucdavis.edu.

Global Ambassador Mentorship Program

This program helps incoming first-year and transfer international students successfully transition to life at UC Davis. The program has mentor fellows who help guide and, most importantly, offer friendship as they help new international undergraduate students excel in their new lives at UC Davis. Participants, or mentees, will be able to share their culture and values with their mentor and receive support from them. Through this community of cultural exchange and by participating in SISS social events offered by mentor fellows, new students will develop close connections with new friends and feel at home in their new community. Become a mentor or mentee at siss.ucdavis.edu/global-ambassador-mentors.

Pal Program

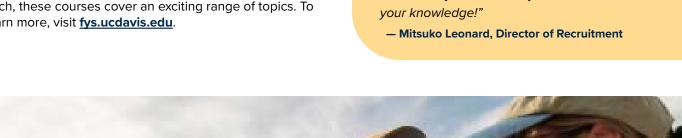
The Pal Program pairs undergraduate students for intercultural conversation. Meetings with a partner can be used to practice language, explore campus, and enrich your college experience. Join today at globalaffairs.ucdavis.edu/

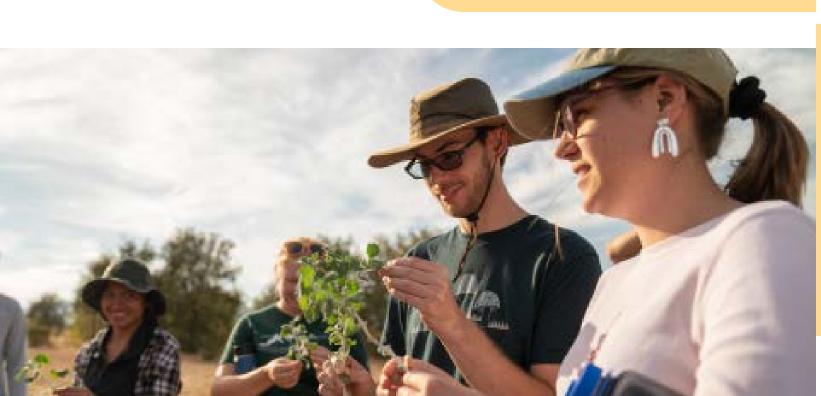


There are so many resources on campus to take advantage of but don't think of them as free. Remember that your tuition and fees are what's paying for them so go check out everything, even if you aren't sure you



need it. Maybe someone you know will benefit from







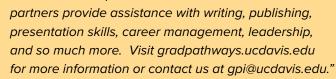
Academic Advising and Assistance

Academic Assistance and Tutoring

Academic Assistance and Tutoring (AAT) provides academic support to undergraduate students enrolled in biology, chemistry, economics, mathematics, physics, statistics and writing across the disciplines. Professional staff offer classes, workshops and office hours. In addition, there are undergraduate tutors that provide drop-in service for students enrolled in math, science and writing across the discipline courses. Get help at tutoring.ucdavis.edu.



The GradPathways Institute (GPI) is here to support your journey from graduate school to your career. We encourage you to make full use of the professional development resources offered through the GPI. We and our campus



-Teresa Dillinger, Director GradPathways Institute for **Professional Development, Graduate Studies**

International TA Seminars

These free seminars are designed to help current and prospective international TAs learn about and practice their language and communication skills for the classroom. Seminars are offered each quarter and often include topics related to pronunciation, presentation skills, TA classroom communication and vocabulary. Any UC Davis grad students or postdocs may attend. Learn more at globalaffairs. ucdavis.edu/iae/graduate/lc-coaching.

Language & Culture Coaching

This one-on-one English support program helps multilingual graduate students develop their oral English skills for work as TAs through weekly sessions with an undergraduate student coach. Common areas of focus include pronunciation, American classroom culture and presentation skills. For more information, visit globalaffairs.ucdavis.edu/ iae/graduate/lc-coaching.

Undergraduate Academic Advising

All international undergraduate students have international academic advisors specifically assigned to them in each college. Advisors are your first resource if you are having academic difficulty. Contact information can be found by logging onto the Online Advising Student Information System (OASIS). Your international academic advisor can assist you with: degree and general education requirements, course planning for your first year, academic policies, regulations and petitions. Visit academicadvising.ucdavis.edu.



Graduate Academic Advising

All graduate programs have a Graduate Program Coordinator who serves as the primary point of contact for their students. Your Coordinator can help you understand and navigate UC Davis resources and policies, and can work with your SISS International Student Advisor to address visa requirements. In addition, each graduate student has a faculty Academic Advisor assigned to them by their program, to help them plan their academic progress and needed coursework. You can find the contact information for your program's Coordinator at grad.ucdavis.edu/graduate-programs.

Success Coaching and Learning Strategies

Whether you are a first-year student transitioning to our research university and the quarter system, or a fourth-year student wanting to maximize your last year and prepare for what's next, the Office of Educational Opportunity and Enrichment Services has workshops and trainings that can help you reach your goals. Workshops cover time management, academic skills and life skills topics. Learn more at opportunity.ucdavis.edu/services/scls.

Residential Academic Centers

Students can study, and meet with peer tutors and peer mentors at the Residential Academic Centers located in all three living areas: Segundo, Tercero and Cuarto. Academic peer mentors are available during drop-in hours to answer questions, share experiences and offer suggestions. Peer Tutors have drop-in hours Monday—Thursday. Tutoring is a group tutoring model. Stop by during hours listed at hours listed at housing.ucdavis.edu for free assistance with common first-year courses like math and chemistry.

UC Davis Language Center

The UC Davis Language Center (DLC), located on the bottom floor of Olson Hall, is the central support site for language teaching, testing, learning and research. The Center

maintains specialized, media-equipped classrooms and computer laboratories available for instructors and students. Learn more at <u>ucdlc.ucdavis.edu</u>.

Student Disability Center

The Student Disability Center receives all requests for reasonable accommodations, approves disability- related services, and coordinates support for students with disabilities to ensure equal access to the university's educational programs. Learn more at sdc.ucdavis.edu.

Academic and Staff Assistance Program

The Academic and Staff Assistance Program offers confidential, cost-free counseling services including assessment, intervention, consultation, and referral services to all UC Davis and UC Davis Health faculty, staff and their immediate families. Find out more at https://hr.ucdavis.edu/departments/asap.

WHAT CAN I DO WITH MY MAJOR?

UC Davis has a blog written by students, staff, faculty, and alumni that will help you learn about college majors and what kind of careers you can pursue with them! Visit ucdavis.edu/majors/blog.



Visa and Immigration Advising

About SISS

Services for International Students and Scholars (SISS), within Global Affairs, helps to build a campus community that includes students and scholars from over 140 countries. SISS supports all international students and scholars and their families with visa and immigration issues. In addition to preparing the necessary documents to apply for a U.S. visa, SISS supports international students and scholars in maintaining their legal status and accessing benefits for their status while here. All international students and scholars have SISS advisors. SISS also provides orientation, assistance and information regarding financial, personal, cultural, and academic concerns. Learn more at siss.ucdavis.edu.

Location: 3rd floor of the International Center, room 3140

Speaking With an SISS Advisor

ADVISING APPOINTMENTS

You may schedule an appointment directly with your advisor either in person or over Zoom. Advisors are assigned by the first letter of your surname and/or area of expertise. Please find your advisor by visiting siss.ucdavis.edu/people. If you need help finding your advisor, email siss@ucdavis.edu.

SISS Orientation

All undergraduate F-1 and J-1 international first-year, transfer and exchange students will be required to enroll in the SISS Online Extended Orientation program, the university's online learning platform. Extended Orientation helps international students new to UC Davis understand the complex relationship between their immigration status requirements and university policies in order to maintain good status in both areas. The course is available approximately three weeks after school begins and must be finished prior to Thanksgiving break. There is no fee for the program. You will receive enrollment instructions through your UC Davis email.

Scholars arriving on J visas will find orientation information when they complete the check-in eform in iGlobal.

ATTENTION STUDENTS

Plan ahead! An I-20 or DS2019 travel signature is NOT an emergency. Fill out the form in iGlobal and we will mail it to you if necessary.

66

Focus on adapting and exploring your new environment, rather than chasing more credits.
As an international student, the first year of college is often challenging.
Because you may face belonging issues, cultural



shock, language problem, etc. Being academically ambitious is admirable, but building your mind first by familiarizing yourself with the environment and enriching your daily life may make your path to academic success easier in the next couple of years.."

—Yuchen Hou, Global Ambassador Mentor

Frequently Asked Questions

How do I choose my classes?

UC Davis uses Schedule Builder, a class planning and registration tool that lets you search, build class schedules and register for classes. Use your Kerberos ID and password to login at registrar.ucdavis.edu/registration/schedule. Contact your academic advisor with questions about building your schedule.

How do I get my textbooks?

Equitable Access, a program developed by UC Davis Stores, offers undergraduate students access to all textbooks required for their classes for a flat fee of \$169 per quarter. Students have the ability to opt out each quarter if they wish. Under Equitable Access all textbooks will be available by the first day of class. No more sold-out textbooks or waiting for books to arrive. Equitable Access delivers your required textbooks digitally or in print when a digital version is not available.

Visit the Course Material FAQs under the Shop section at ucdavisstores.com. Be sure to buy your course materials as early as possible.

Where can I study?

There are plenty of great spots to study on campus, like the Student Community Center, Residence Hall Study Lounges, and International Center. The newly-built Teaching and Learning Complex (TLC) offers great study spaces with natural lighting and a modern interior to promote active learning in students. Shields Library provides students with 24-hour access to study space year-round, including expanded locations to accommodate peak study times (e.g. finals). Learn more at library.ucdavis.edu/study-spaces.



How can I use the library?

The UC Davis Library supports research, teaching, and learning in every discipline. At Peter J. Shields Library in Davis and Blaisdell Medical Library in Sacramento, students



can find study space, consult with librarians and data science experts, and access books, online resources and archives. Student library accounts are automatically active and renew quarterly with current registration. Faculty and staff may activate their accounts at the library or online. Users unaffiliated with UC Davis may apply for library privileges at the library, at library.ucdavis.edu/libraryaccounts.

Are there shared computers or printers available on campus?

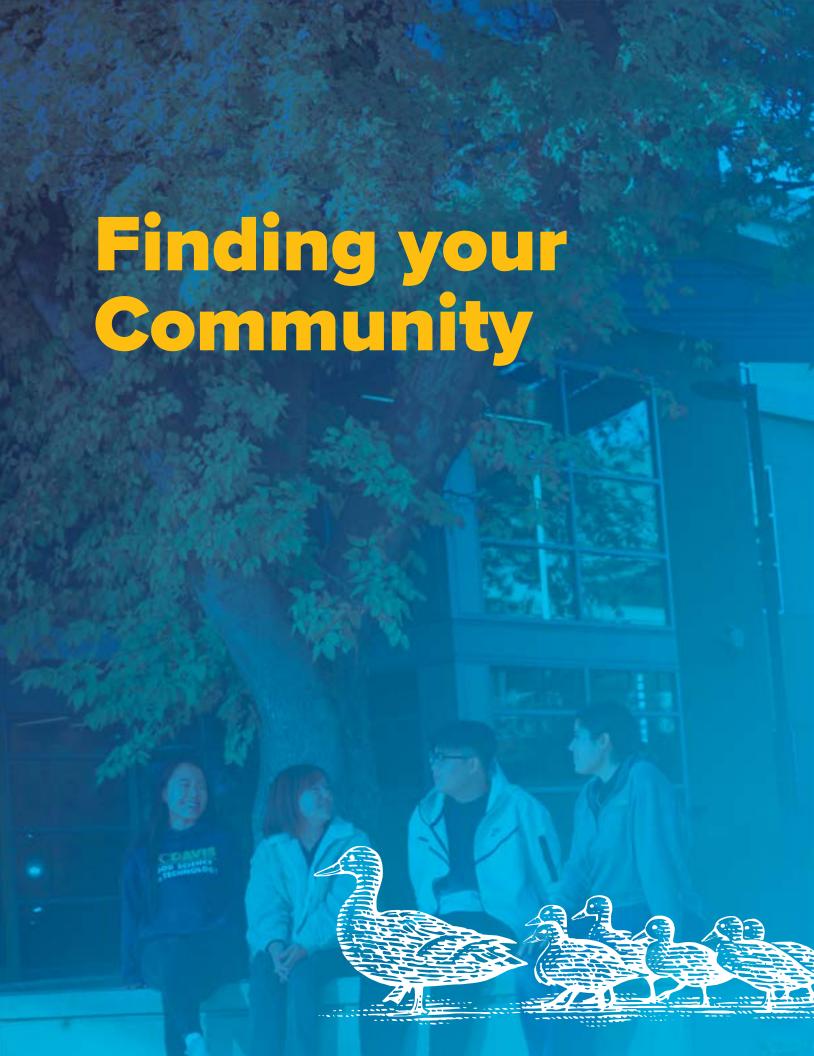
Yes, there are computer rooms available on campus where you can access specialized software for video and audio editing, design, programming, etc. These computer rooms also offer low-cost printing. Find them and check prices at computerrooms.ucdavis.edu.

Where do I go for help with technology?

Information Education Technology (IET) offers technical support services to faculty, students, and staff, and provides support for various software and campus applications, the latest Windows and Macintosh Operating Systems, email clients, and web browsers. Find them at iet.ucdavis.edu.

How do I connect to campus Wi-Fi?

Once you are enrolled and have a Kerberos ID, you can connect to the campus Wi-Fi network, Eduroam, a worldwide service. Eduroam automatically and securely connects to Wi-Fi on UC campuses, and at other sites, including airports and public sites around the globe. Simply enter your Kerberos ID (followed by @ucdavis.edu) and password. For more information, visit eduroam.org/where.





Communities On Campus

Services for International Students and Scholars (SISS), within Global Affairs, helps to build a campus community that includes more than 10,000 students and scholars from over 100 countries and six continents. There are many places on campus where you can connect with others who share a similar passion, interest, or background.

Undocumented Student Resource Center

The Undocumented Student Resource Center empowers undocumented students, their families, and members of the community to be informed leaders and active participants in our communities. Learn more at <u>undocumented.ucdavis.edu</u>.

Cross Cultural Center (CCC)

The CCC provides a culturally relevant community space where student voices can be expressed and respected. They identify resources available on and off campus for students of color. These spaces are where students are able to find community, explore identities, and celebrate cultures. Learn more at ccc.ucdavis.edu.

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual (LGBTQIA+) Resource Center

The LGBTQIA Resource Center provides an open, safe, inclusive space and community that promotes education and self-exploration about all sexes, genders, sexualities and their intersections with other identities. Learn more at **lgbtgia.ucdavis.edu**.

Student Recruitment and Retention Center (SRRC)

The SRRC's student-run and student-initiated programs foster academic and personal development while raising political and cultural awareness for youth and college students. They educate, engage and empower students to act as leaders for their communities. Learn more at srrc.ucdavis.edu.

Women's Resource and Research Center (WRRC)

The WRRC is a place for students and the Davis community to learn about resources, and to attend educational programs that focus on gender equity and social justice. It is a great place to meet friends and get involved with on-campus events and student organizations working to address sexism, cissexism and all forms of oppression. Learn more at wrrc.ucdavis.edu.



Associated Students of the University of California, Davis (ASUCD)

Associated Students of the University of California, Davis (ASUCD) is a giant body of Aggies serving Aggies. ASUCD hosts annual events for undergraduate students and manages on-campus units that provide services, including the radio station (KDVS), Unitrans, The Bike Barn, a student-run video production studio (Aggie Studios) and more. By joining ASUCD, students receive leadership opportunities through a variety of volunteer and paid positions available exclusively for students, such as roles in student government, writing for the school newspaper, driving Unitrans, and helping create campus logos through the creative media department. Join the family of ASUCD by visiting vacancy.ucdavis.edu.

Aggie Pack and UC Davis Athletics

The Aggie Pack is a student run organization that attends UC Davis Athletics events to cheer on sports teams. Membership is free to join and is a great chance to make new friends while enjoying campus events at Aggie Stadium and other sport facilities.

Center For Student Involvement

The Center for Student Involvement (CSI) has over 750 student organizations registered and supported at UC Davis. To find a list of all Registered Student Organizations (RSOs), see aggielife.ucdavis.edu/club_signup. Each fall, CSI hosts the Involvement Fair on the quad where students can connect and learn about registered student organizations.

Sorority and Fraternity Life

Sorority/Fraternity Life represents a wide variety of Greek-Lettered organizations. These organizations represent service, leadership, professionalism, and social and civic engagement that they cultivate within each other. We have six governing councils that encompass 50 organizations with over 1,600 Aggies as active members. Recruitment varies for each organization, but typically occurs at thebeginning of the fall, winter, and spring quarters. To learn

more about SFL Life, follow us on Instagram @ucdavissfl and stay updated with events!

Scholar Coffee Breaks

SISS hosts monthly virtual gatherings for all international scholars: researchers, faculty and professional staff. Whether a scholar is new to campus or has been here for several months or years, these morning events are an opportunity to connect with others throughout the UC Davis community. All international scholars are invited to pour themselves a cup of coffee, tea, water or their favorite morning drink and join this welcoming space.

Scholar Evening Discussions

UC Davis Global Affairs hosts quarterly virtual Scholar Evening Discussions that explore a topic of U.S. culture to help researchers, faculty and staff adjust to and get to know more about life in the United States. This is also an opportunity for these international scholars to connect with each other. Topics are often practical, with past events focusing on grocery shopping and tipping at restaurants.

UC Postdoc Association

UC Davis is home to more than 1,000 postdoctoral scholars. The Postdoctoral Scholars Association (PSA) provides resources, information and representation for postdoctoral scholars on the UC Davis campus. Learn more about their activites and sign up for their email listsev at **postdocs**. **ucdavis.edu/**.

Jobs and Internships





Working and Career Planning

Working On Campus

F-1 students may work on campus without work authorization during times that they are active students in good standing. J-1 students may work on campus during times that they are active students in good standing, but must have work authorization from SISS prior to the employment start date. Students may work a maximum of 20 hours per week. Search for jobs and internships at assucd.ucdavis.edu/jobs-internships or ucdavis. joinhandshake.com/login.

Working Off Campus

F-1 students may receive authorization for Curricular Practical Training (CPT) or Optional Practical Training (OPT). J-1 students can apply for Academic Training (AT).

Always consult SISS before starting an internship or a job if you are an F-1 or a J-1 student to obtain authorization for CPT, OPT, or AT.



Internship and Career Center

The Internship and Career Center (ICC) provides experiential education and career services to students and recent alumni through collaboration with the campus community and employers. They provide workshops and programs that allow for professional development and help students with career decisions and exploration. Each quarter, ICC hosts internship and career fairs where many companies and organizations come to campus to recruit students. There are even specific programs to help international students prepare for the fair. Learn more at icc.ucdavis.edu.

Hours: Monday through Friday, 10 a.m.–4 p.m. **Location**: South Hall

1st floor: Sacramento Valley College Corps 2nd floor: Undergraduate, Master's, PhD, and Post doc advising

3rd floor: On-campus recruiting

Center For Leadership Learning (CLL)

The CLL aims to educate and cultivate the next generation of leaders who have a strong sense of self-awareness, the ability to work effectively with others, and who are civically and socially engaged. The CLL holds a variety of curricular and co-curricular programs and workshops open to all undergraduate students. Learn more at <u>cll.ucdavis.edu</u>.

GradPathways

Graduate Studies offers comprehensive professional and career development opportunities through the GradPathways Institute for Professional Development. Graduate students and postdoctoral scholars can access a number of professional development programs, such as workshops to advance core competencies, specialized micro-credential series and leadership programs such as Professors For The Future and Leaders For The Future. Learn more at gradpathways.ucdavis.edu.





What to Do On Campus

UC Davis Arboretum and Public Garden

With over 100 acres of beautiful gardens, the Arboretum is ideal for active recreation or peaceful contemplation. It's also a perfect place for a quick run, a quiet study session, or just a walk to think or have a chat. Learn more at arboretum.ucdavis.edu.

Museums

BOHART MUSEUM OF ENTOMOLOGY

The Bohart Museum is dedicated to teaching, research, and service. It also hosts the seventh largest insect collection in North America, worldwide in coverage. The collection holdings total more than seven million specimens of terrestrial and freshwater arthropods. Learn more at **bohart.ucdavis.edu**. You're more than welcome to visit!

C.N. GORMAN MUSEUM

Dedicated to the creative expressions of Native American and indigenous artists, and artists of diverse cultures and histories. Learn more at **gormanmuseum.ucdavis.edu**.

JAN SHREM AND MARIA MANETTI SHREM MUSEUM OF ART

The Manetti Shrem Museum cultivates transformational art experiences to inspire new thinking and the open exchange of ideas. Serving both the public and our university community with a dynamic artistic program, the museum presents exhibitions and events that advance students' understanding of their place in the world, connects to faculty teaching and research, and creates a lively forum for community engagement and creative practice. Learn more at manettishremmuseum.ucdavis.edu.

MONDAVI CENTER FOR THE PERFORMING ARTS

The Mondavi Center presents musical concerts, dance performances, plays, and lectures, many featuring world-renowned artists. All UC Davis students receive one free ticket to the Mondavi Center event of their choice, as well as half-off all ticket prices and \$10 student rush tickets on performance days. Learn more at mondaviarts.org.

Campus Recreation

ACTIVITIES AND RECREATION CENTER (ARC)

The ARC is a gymnasium on campus available to UC Davis students at no additional cost. They offer cardio and weight machines, an indoor track, and multipurpose rooms that can be used to practice dance, martial arts and other physical activities like basketball and badminton. Learn more at https://campusrecreation.ucdavis.edu/arc.

CRAFT CENTER

The Craft Center is an on-campus studio where they offer year- round arts and crafts, ceramics, flame-working and jewelry classes. Learn more at campusrecreation.ucdavis.edu/recreation/craft-center



What to Do Off Campus

Explore Davis and Beyond

Davis, Sacramento and the surrounding areas boast history and culture-from museums and movie theaters to world class bike trails and delicious restaurants. There is too much to list it all, but look online for some ideas. Here are a few good places to start:

- → For ideas in Davis, search The Davis Enterprise, The California Aggie, or the UC Davis Calendar
- → For things to do in Sacramento, visit sacramento365.com, Sacramento Bee and Sacramento News and Review
- → For restaurant reviews and other recommendations, visit yelp.com

Outdoor Adventures

Outdoor Adventures is a program by UC Davis Campus Recreation that offers classes and trips around California that take you rock climbing, kayaking, outdoor rafting and backpacking. These classes are offered several weeks of the guarter and have an additional fee. Learn more at memorialunion.ucdavis.edu/classes-and-trips.

Visit Oxford Circle Park (known as "Big People's Park") and Slide Hill Park in Davis to pretend you're a kid again!

Finding an International Community

International House Davis (I-House) is a non-profit community-based organization (not an official part of UC Davis). With a mission to promote respect and appreciation for all people and cultures, I-House encourages a global community by providing opportunities for cross-cultural interaction and exchanges through programs, activities and services. Learn more about finding your global community at siss/ucdavis.edu/finding-your-globalcommunity.

WHERE CAN I GO TO PRACTICE MY RELIGION OR JOIN A SPIRITUAL ORGANIZATION?

Davis is a diverse community. There are many different religions represented in Davis and nearby Sacramento, and many places of worship and religious and spiritual organizations.

Davis: localwiki.org/davis/Religious_and_Spiritual_ **Organizations**

Sacramento: localwiki.org/sac/Religious_Organizations

What to do in...

Whether you are at the Davis Farmers Market on the weekends, or exploring the café culture, there are plenty of things to do in Davis. If you are interested in catching a show, or a musical performance, the Mondavi Center on campus hosts a wide range of international artists year round. Right across the way, is the Manetti Shrem Museum, where admission is free for all. As for events in the city of Davis, you can often find street fairs or festivals at Central Park. Also, keep an eye out for student deals, as many businesses in Davis offer discounted rates for students during the weekdays.



My top favorites in Davis are Burgers and Brew and Thai Canteen. As a vegetarian they have both have great options for food. If you can make it out to Sacramento on the bus or by car, I love Cantina Alley for some of the

best Mexican street food. If you are having a craving for something sweet, I would recommend Rick's Dessert Diner or Ettore's bakery. Both are local bakeries that have amazing desserts and cakes for the whole family!"

-Mary Alurwar, International Scholar Advisor, SISS, Global **Affairs**

Sacramento

Sacramento is the capital of California, located about 30 minutes from Davis. With more than 25 historical museums and other attractions, including a zoo, Sacramento is a city worth exploring. It's also known as America's "Farm to Fork capital," which is an integral part of all the cuisine offered in Sacramento. Additionally, Sacramento is the perfect place to catch a concert, Sacramento Rivercats baseball game, or a professional basketball game at the newly expanded Golden 1 Center.

San Francisco and the Bay Area

As the center of the Gold Rush, San Francisco is one of California's most historic cities—it's also one of the most recognizable. Some iconic sites include the Golden Gate Bridge, Fisherman's Wharf and Alcatraz Island. San Francisco is the hub of entertainment in the Bay Area where you can enjoy museums, restaurants and events, including performances and professional sports such as baseball and basketball. Just 90 miles from Davis, it's a great day trip.

Cities within the Bay Area also have a lot to offer. For example, Sausalito and Half Moon Bay have beaches and hiking opportunities, and cities in the East Bay such as Oakland and Berkeley host concerts, events and festivals.

Napa Valley is known as one of the best wine regions in the world. Located only an hour away from Davis, Napa offers more than 400 wineries to visit and a great selection of family-friendly restaurants.

Tahoe

Tahoe is a good weekend getaway for those who love the outdoors. With breathtaking landscapes ranging from Lake Tahoe's beaches to the surrounding Sierra Nevada mountains, Tahoe is a year-round destination. Tahoe is the area's most popular place to experience snow, skiing, and snowboardingin the winter. During other seasons, hiking, kayaking, canoeing and fishing are popular.

Take advantage of the beautiful landscapes and coastline while you're in California! There are some amazing hikes in Northern California, including some right by the beach. Point Reves is great place to visit,



and there's even a waterfall (Alamere Falls) you can

-Janice Tse, Intercultural Program Coordinator, Global Learning Hub, Global Affairs



UC Davis is a global campus and we are lucky to have two world-class offerings right here in the Jan Shrem and Maria Manetti Shrem Museum of Art and the Robert and Margrit Mondavi Center for the Performing Arts.



Each bring fantastic art, music and performances from all over the world—and remind us of the importance of experiencing different perspectives. I hope to see you at a show or exhibit soon!"

 Joanna Regulska, Vice Provost and Dean of Global Affairs | Professor of Gender, Sexuality and Women's Studies

Opportunities and Events

At Global Affairs, we welcome the world to UC Davis. Part of that means helping our international students and scholars create a home away from home. There are a number of events and opportunities on campus and throughout the region to help you find your community and enjoy your time here.

The Global Learning Hub

Studying in the U.S. is just one of the many global experiences you can have while at UC Davis. There are so many more, including studying abroad for part of your time at UC Davis. Through the Global Learning Hub within Global Affairs, every UC Davis student can find global learning opportunities on campus, in the region and around the world.

To learn more and use the global learning search tool, visit **globallearning.ucdavis.edu**.

GoinGlobal

UC Davis students, scholars and alumni have access to GoinGlobal's exclusive portal for free. GoinGlobal provides all the resources students need to fast-track their academic and career objectives. From pre-departure advice to ensure a positive study abroad or internship experience to identifying employment opportunities at home and abroad, GoinGlobal is the proven competitive advantage for success at all levels of the university experience.

To learn more, visit https://siss.ucdavis.edu/goinglobal.

Remember, for case-specific immigration advice, contact your SISS advisor.



WHO ARE GLOBAL AGGIES?

Global Aggies are members of the UC Davis community who are living the Global Affairs mission: to inspire global curiosity, understanding, and engagement. Visit globalaffairs.ucdavis.edu/globalaggies to learn more.



International scholar and chief of cardiothoracic surgery at UC Davis Health, Bob Kiaii, is an international expert in robotic heart surgery who leads a surgical team that treats complex diseases of the chest using minimally invasive techniques.

International students and former Global Ambassadors Jonathan Su and Jeremy Chuardy took a taste from their home countries and developed a sustainable soy-based cracker that earned a spot in a major product development competition.





International scholar and plant biologist Philipp Zerbe leads by example, inspiring his students to embrace an intercultural and interdisciplinary approach through exchanges and exposure to collaborative research.

Campus Global Theme

The Campus Global Theme program identifies a topic linked to one or more of the UN Sustainable Development Goals (SDGs) and engages the entire UC Davis community in related discussion, learning, discovery and action. Learn more and find events at globalaffairs.ucdavis.edu/campusglobal-theme.

International Festival Davis

The International House Davis (I-House) and UC Davis invite people of all cultural backgrounds to participate in a day full of festivities like cultural performances and food tastings. Learn more at internationalfestivaldavis.org.



It is natural to feel a little
nervous starting somewhere
new. There are many
opportunities on campus that
can help in your transition
to UC Davis. There are
more than 750 student
organizations at UC Davis
that focus on a broad range

of topics. The Involvement Fair occurs early in fall quarter and is a great chance to see more than 200 groups and other opportunities for involvement. It may take some effort to get involved, but the rewards of connecting with other students on campus is well worth it. More information can be found at csi.ucdavis.edu."

—Paul V. Cody, Assistant Director, Center for Student Involvement

UC Davis Postdoc Appreciation Day/Week

Since 2009, the National Postdoc Association has championed a National Postdoc Appreciation Week in mid-September. UC Davis celebrates our Postdoc Appreciation Week in mid-October, with events across campus to recognize and celebrate the many contributions of postdocs to research and discovery. Learn more at grad.ucdavis.edu/postdoc-appreciation-week.



Picnic Day

Picnic Day is a campuswide open house and a revered generations-old tradition that brings thousands of visitors to experience all that UC Davis has to offer through exhibits, shows, demonstrations, a parade and more. International students, scholars, and their families are invited to march in the parade with UC Davis Global Affairs and I-House Davis, and participate in globally inspired exhibits while exploring the fun throughout campus. Learn more at picnicday.ucdavis.edu.

Resources

to keep your time at UC Davis happy and healthy



STUDENT HEALTH AND COUNSELING SERVICES

shcs.ucdavis.edu, (530) 752-2349

Appointments, 24/7 After-Hours Counseling Services, 24/7 Student Health Advice Nurse

CAMPUS RECREATION AND UNIONS

cru.ucdavis.edu, (530) 754-5306

Fitness, wellness and recreation programs through facilities and programming

DAVIS WIKI daviswiki.org

INTERNSHIP AND CAREER CENTER

icc.ucdavis.edu, (530) 752-2855

STUDENT HOUSING

housing.ucdavis.edu, (530) 752-2033

WOMEN'S RESOURCES AND RESEARCH CENTER*

wrrc.ucdavis.edu, (530)752-3372

CENTER FOR ADVOCACY RESOURCES AND EDUCATION*

care.ucdavis.edu

(530) 752-3299 (Davis Campus) (916) 734-3799 (UC Davis Health)

Confidential crisis intervention and victim advocacy including:

- Navigating options, rights and resources
- · Hospital, law enforcement and/or court accompaniment
- · Advocacy for academic assistance and/or reporting violations to Student Judicial Affairs

HEALTH EDUCATION AND PROMOTION

shcs.ucdavis.edu/hep

Offers information and resources on a variety of topics including sexual health, stress, sleep and wellness, alcohol and other drugs

STUDENT RECRUITMENT AND RETENTION CENTER

srrc.ucdavis.edu, (530)754-6836

CROSS CULTURAL CENTER ccc.ucdavis.edu, (530) 752-4287

COUNSELING SERVICES*

shcs.ucdavis.edu/counseling-services

- Individual Counseling
- Group Counseling (groups include men's, women's, Black, Latinx, LGBTQIA, survivors of sexual trauma and
- · Stress and Wellness Clinic
- Mind Spa
- Referrals to on-campus and community resources

LESBIAN, GAY, BISEXUAL, TRANSGENDER, QUEER, **INTERSEX, ASEXUAL RESOURCE CENTER*** Igbtqia.ucdavis.edu, (530) 752-2452

OFFICE OF STUDENT SUPPORT AND JUDICIAL AFFAIRS

sja.ucdavis.edu, (530) 752-1128

Supports the University's educational mission by upholding standards of academic honesty and responsible behavior, promoting student development, and assisting students in

HARASSMENT AND DISCRIMINATION ASSISTANCE AND **PREVENTION PROGRAM***

hdapp.ucdavis.edu

(530) 747-3864 (Davis main line)

(530) 747-3865 (Davis anonymous line)

(916) 734-3417 (Sacramento main line)

(916) 734-2255 (Sacramento anonymous line)

Support the University's commitment to a harassment-free and discrimination-free work and learning environment.

MEDIATION SERVICES

ombuds.ucdavis.edu

(530) 754-7233 (Davis)

(916) 734-1600 (Sacramento)

Conflict management for faculty, staff and graduate



most pressing challenges through more than 150 global partnerships.

Putting our vision of a UC Davis community that engages, thrives, and leads in this interconnected world into action, Global Affairs is in pursuit of an ambitious goal: Global Education for All. To learn more about all global learning opportunities available at UC Davis visit globallearning.ucdavis.edu.

